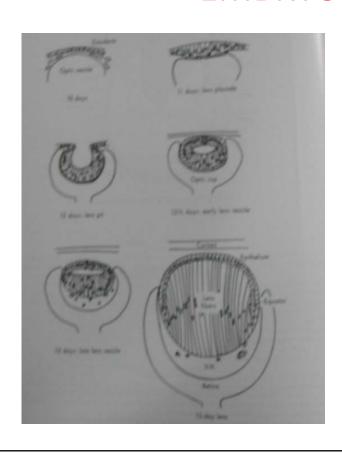
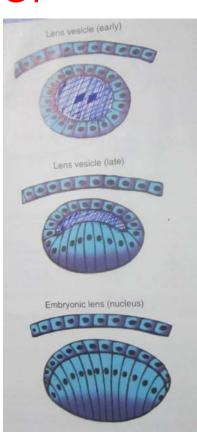
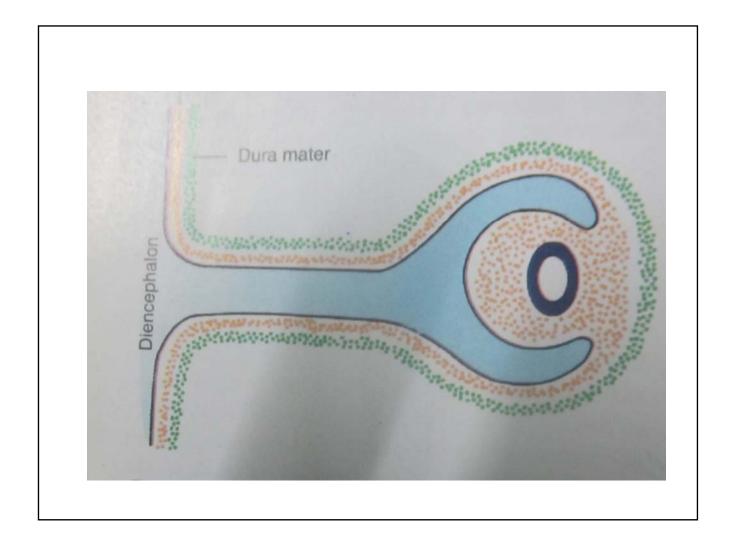
DISEASES OF THE LENS

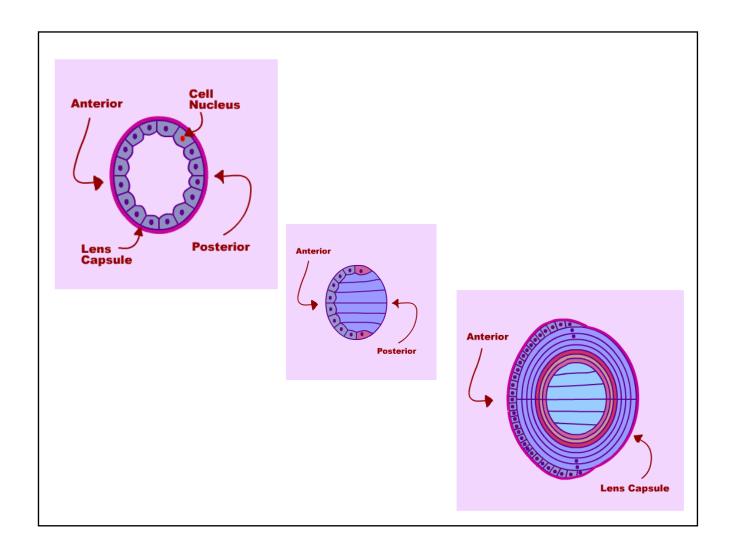
Dr RK Bansal MS,FRCSEd
Consultant Ophthalmology
GMCH-32
Chandigarh

EMBRYOLOGY

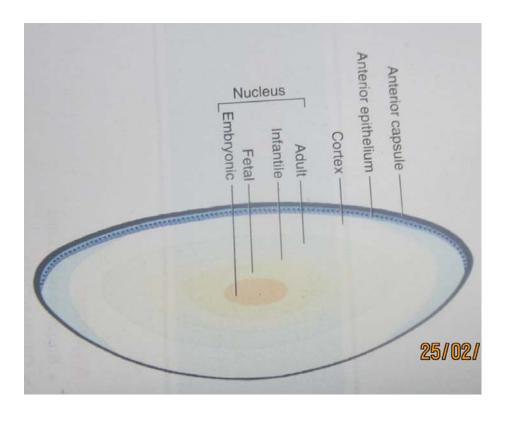




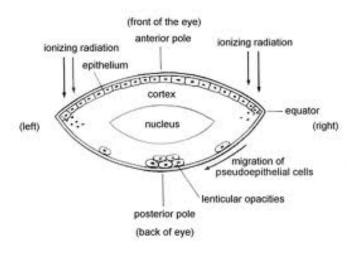






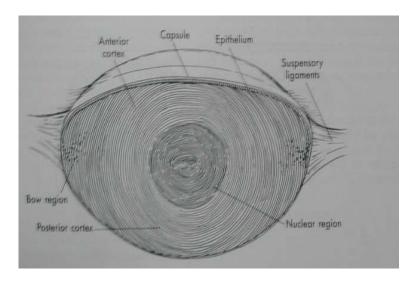


ANATOMY OF LENS



Dia:9-10mm, Th:3.5-5mm, Ant R:10mm, Post R:6mm Power 14-16D, RI: 1.39 Ant capsule 14µ Post capsule 3µ

ANATOMY



Embryonic:1Mo

to 3Mo

Fetal: 3Mo to

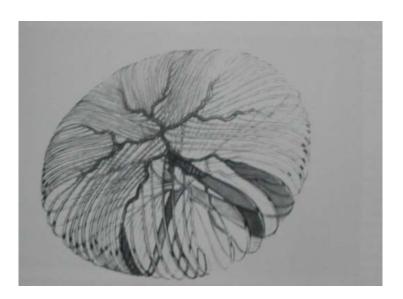
birth

Infantile: birth to

puberty

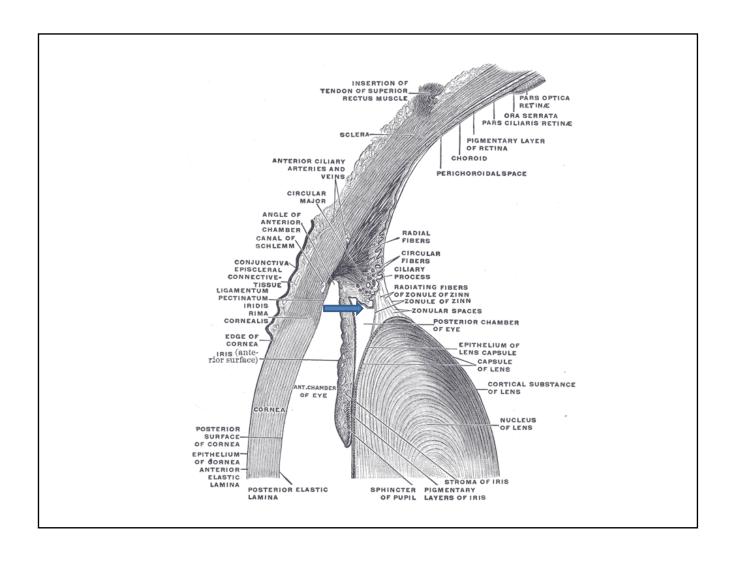
Adult: adult life

ANATOMY: Y SUTURES

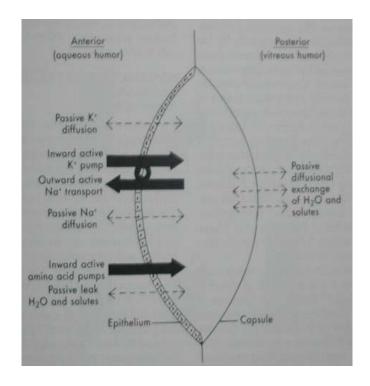


Zonules

- Also called suspensory ligament
- Fibers from ciliary body to lens
- 3 group of fibers; 1st from pars plana to anterior capsule, 2nd from anterior part of CB to posterior capasule and 3rd group from processes to equator
- Role in accommodation



METABOLISM



Lens avascular.
Metbolism occurs in cortex.
85% Glucose
metabolised by
anaerobically by
glycolytic pathway.
15% by hexose
monophosphate
pathway.
Sorbitol pathway
used in diabetes and
galacosemia

CATARACT CLASSIFICATION

Cataract: any opacity in lens called cataract

CLASSIFICATION

- Etiological
- Morphological

ETIOLOGICAL CLASSIFICATION

- 1.Congenital and Developmental
- 2. Acquired
 - a. Senile/age related
 - b. Traumatic
 - c. Complicated
 - d. Metabolic
 - e. Radiation
 - f. Toxic: steroid, Cu, iron, miotics
 - g. Systemic diseases: skin, osseous,

syndromes

MORPHOLOGICAL CLASSIFICATION



CONGENITAL AND DEVELOPMENTAL CATARACT

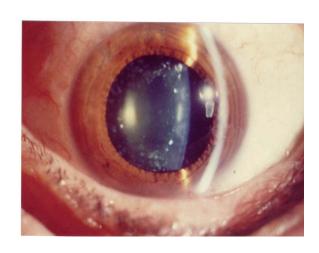
- Cong. if insult during pregnancy
- Developmental after birth up to adolescent age
- Particular area of lens affected, other areas remain clear
- Small punctate opacities are common; do not affect vision

Congenital/Developmental Cataract

- Common cause of childhood blindness
- Responsible for 10% of visual loss in children
- 1:250 births have some cataract
- Isolated anommally
- Associated with other systemic conditions

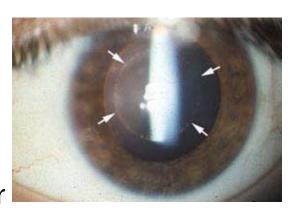
CONGENITAL/DEVELOPMENTAL CATARACT Cataracta centralis pulverulenta

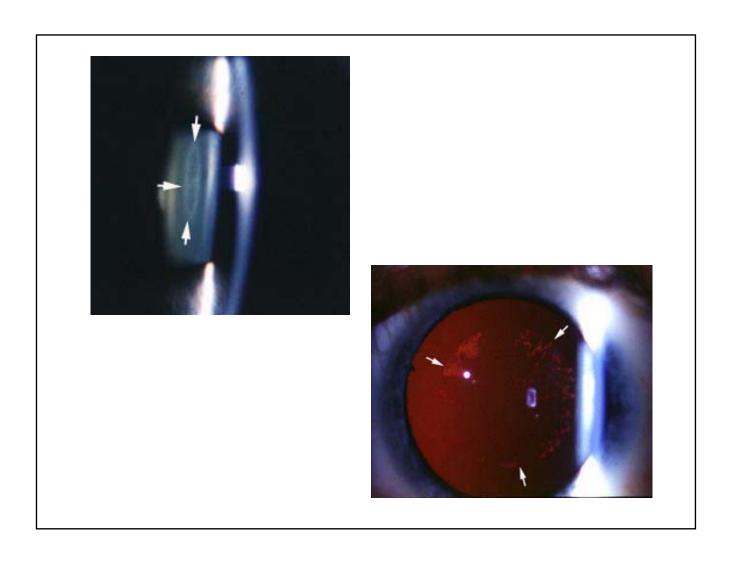
- **≭**Embryonic nuclear cataract
- **X** Autosomal dominant
- **X** Bilateral
- **★**Small round opacities; powdery appearance
- **X** Does not affect vision



Lamellar/Zonular cataract

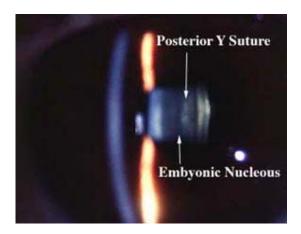
- Most common (50%)
- Foetal nucleus involved
- Linear opacities like riders in cortex
- Genetic or environmental
- Bilateral
- Affects vision, need for surgery





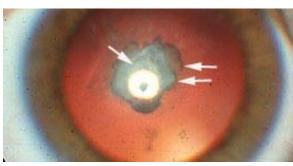
SUTURAL CATARACT

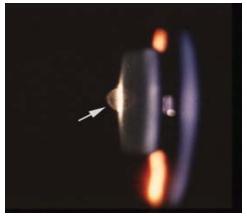
- Punctate opacities along sutures
- Static and bilateral
- Do not affect vision
- Opacities could be floriform, coralliform or spear shaped



POLAR CATARACT

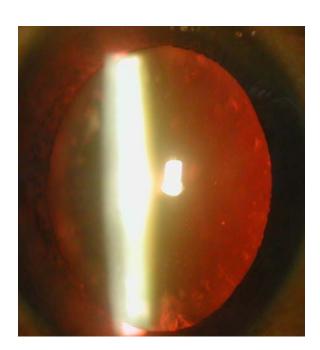
- **★** Anterior or posterior
- ★ Anterior due to delayed formation of AC
- **★** Adjoining cortex involved
- ➤ Pyramidal or reduplicate
- **≭** Congenital or acquired
- ➤ Posterior due to persistent vasculosa lentis





CORONARY CATARACT

- Common varietyoccurs during puberty
- Adolescent nucleus and cortex affected
- Club shaped opacities 360 D, radial orientation
- Vision unaffected

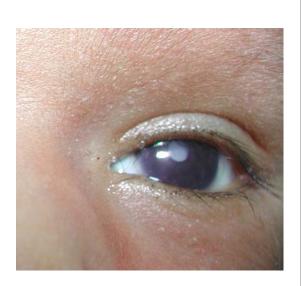


PUNCTATE OR BLUE DOT CATARACT

- Round bluish dots in adolescent nucleus
- Stationary and vision not affected
- Occurs during first two decades

TOTAL CONG. CATARACT

- Common
- Unilateral or bilateral
- May be hereditary
- Rubella can cause such cataract
- Progressive; needs early surgery
- May become membranous

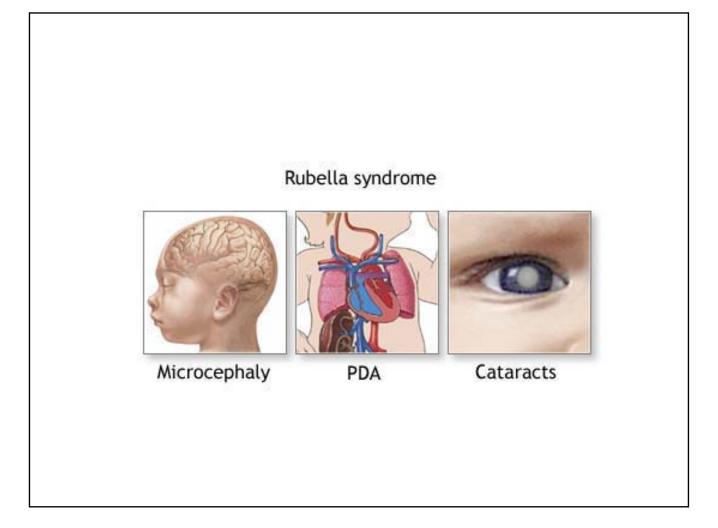


ETIOLOGY OF CATARACT

- Hereditary; autosomal dominent
- Maternal infections; rubella, toxoplasma, CMV
- Drug induced; steroids, thalidomide
- Radiation exposure
- Metabolic disorders; galactosemia
- Birth trauma
- Malnutrition; Vit D
- Idiopathic

MATERNAL INFECTIONS

- Rubella cataract: 50% transmission during first 8 weeks and later around 33%
- Features: cataract, deafness, heart defects-PDA, microcephaly, MR, Hypotonia, hepatosplenomegaly, thrombocytopenic purpura, pneumonitis
- Ocular: cataract, microcornea, microphthalmia, retinopathy, glaucoma, nystagmus, OA, strabismus



INVESTIGATIONS

- Rubella serology; IgM
- Urine for reducing substances; galactosemia
- Urine for amino acids; Lowe's syn.
- Blood glucose, calcium, phosphorus
- CT, MRI for basal ganglia calcification

TREATMENT OF CONG. CATARACT

- **X** Observation: stationary opacities, vision not affected
- **≭** Iridectomy: optical; for central nuclear cat.
- **X** Surgery: Phacoaspiration, ECCE, lensectomy Unilateral

Total B/L

VA < 6/18

IOL > 2 yrs of age

Contact lens

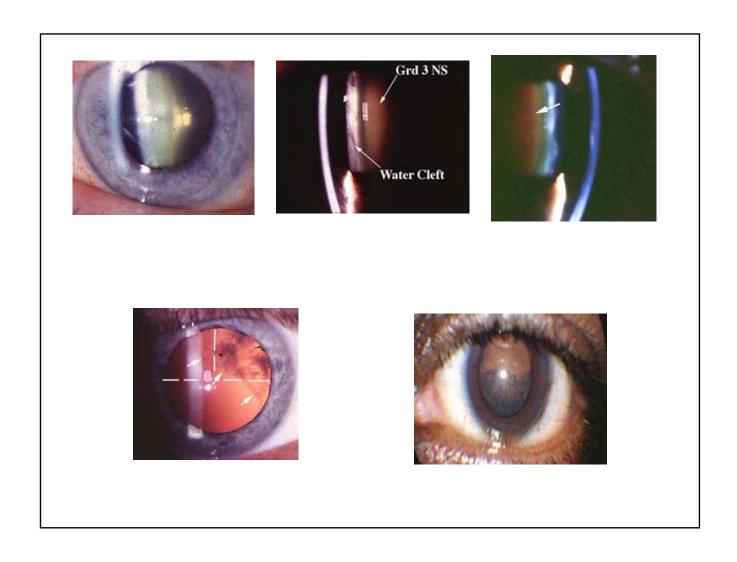
Glasses

Amblyopia treatment



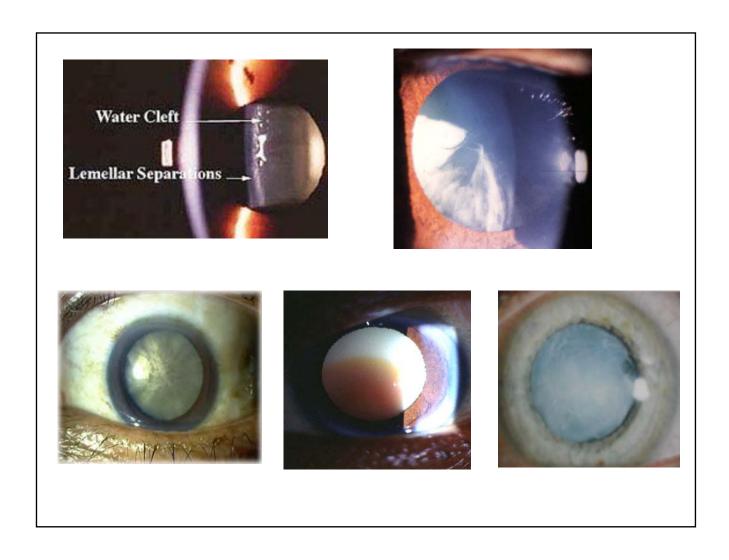
ADULT CATARACTS

- Age related cataract: most common
- Most common cause of blindness; 50%
- Bilateral; asymmetry common
- Nuclear/ cortical/PSC/Polar
- Factors for early onset; hereditary, U/V radiation, diet



STAGES OF MATURATION

- Lamellar separation
- Incipient cataract
- Immature cataract
- Mature cataract
- Hypermature cataract; morgagnian, sclerotic
- Lens induced glaucoma; phacolytic, phacomorphic, phacoanaphylactic

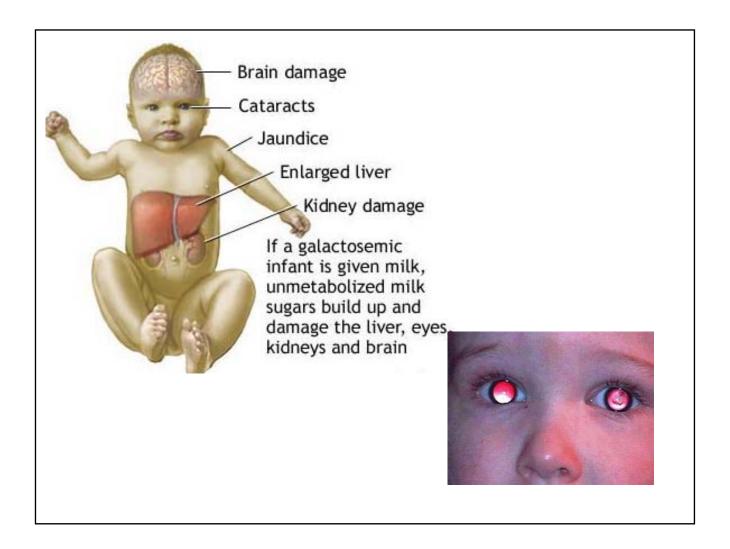


METABOLIC CATARACTS DIABETIC

- **X** Senile cataract matures early
- **≭**True diabetic; snow flake and PSC type
- **X**Occurs at younger age
- **X**Osmotic hydration of lens, sorbitol pathway

GALACTOSAEMIC CATARACT

- Inborn error of metabolism
- Galactose-1-phosphate uridyl transferase deficiency; classical galactosaemia
- Galatokinase deficiency; classical oil droplet cataract
- Galactose- dulcitol-more osmotic pressure
- Early changes reversible with elimination of milk products in diet

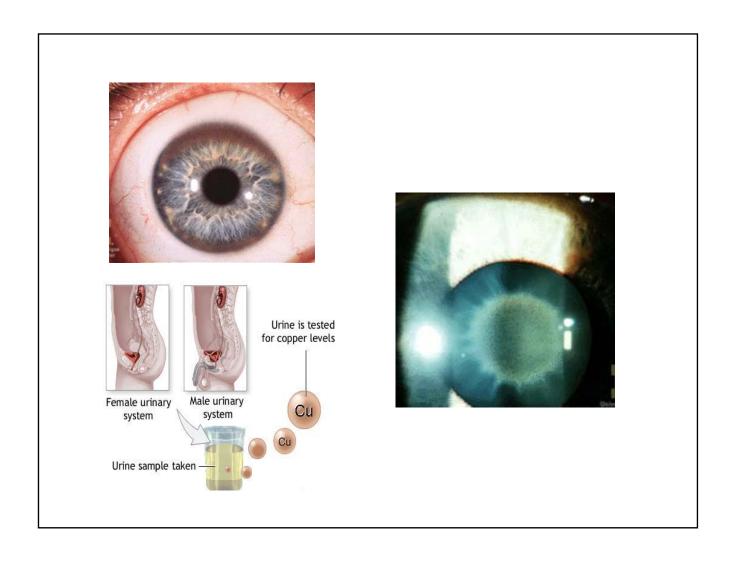


HYPOCALCAEMIC CATARACT

- Parathyroid tetany can lead to cataract
- Could be post surgical; thyroidectomy
- White or multicolored crystals in cortex
- Maturity uncommon

WILSON'S DISEASE

- Inborn error of copper metabolism
- Deficiency of ceruloplasmin
- KF ring
- Green sunflower cataract
- Retinal degeneration
- Jaundice, hepatosplenomegaly and cirrhosis
- Neurological signs; dysarthria, dysphasia
- D-penicillamine drug for treatment



LOWE'S SYNDROME

- Oculo-cerebro-renal disease
- Inborn error of metabolism, boys affected
- Congenital cataract (100%) and glaucoma (50%)
- Microspherophakia
- Mother may show punctate opacities
- Mental retardation, dwarfism, osteomalacia, muscular hypotony, frontal prominence

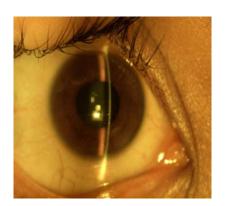


FABRY'S DISEASE

- Alfa-galactosidase A deficiency
- Angiokeratomas- telengiectasia of skin
- Cardiovascular and renal impairment
- Cornea verticillata and spoke like lens opacities
- Vision not affected

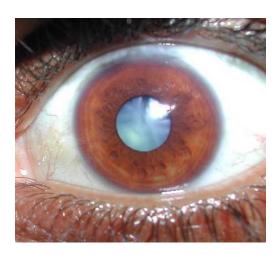
COMPLICATED CATARACT

- Anterior uveitis; posterior sub capsular cataract with polychromatic luster
- Occlusio or seclusio can develop
- Can remain stationary if inflammation controlled
- Occurs due to disturbance of lens metabolism



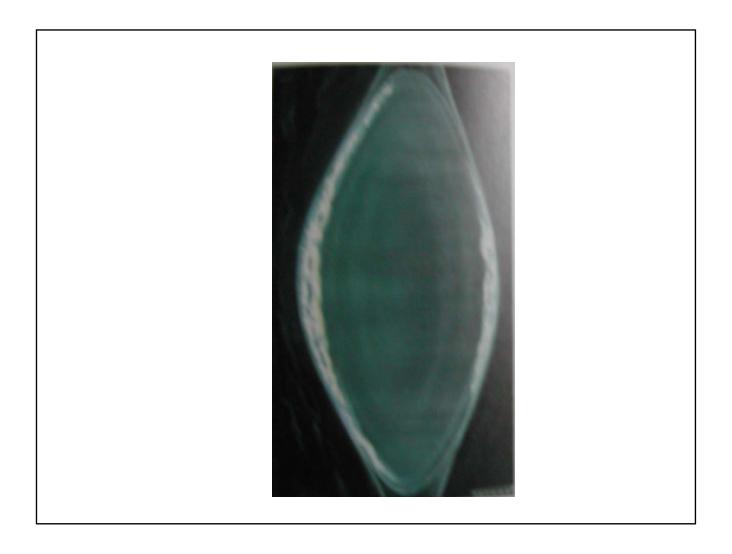
COMPLICATED CATARACT

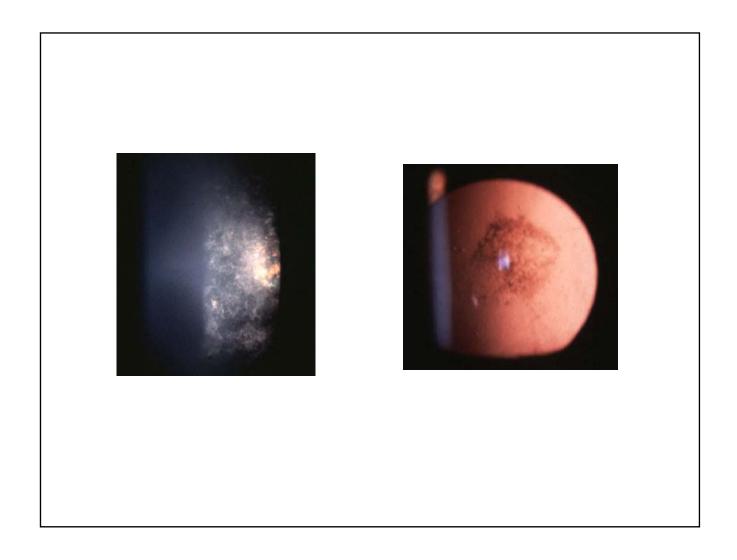
- Retinal detachment and retinitis pigmentosa cause posterior sub capsular cataract
- High myopia; nuclear sclerosis
- Acute glaucoma;
 glaukomfleckens
- Tumors;
 retinoblastoma,
 melanoma



TOXIC CATARACTS

- <u>Steroid induced</u>: Topical and oral steroids can cause posterior sub capsular cataract
- Dose relationship with oral steroids, children more susceptible >10mg for 1yr
- Miotics: Long term use with long acting miotics like ecothiophate.
- Other drugs: Amiodarone, chlorpromazine, busulphan, and gold (ant. Sub capsular)



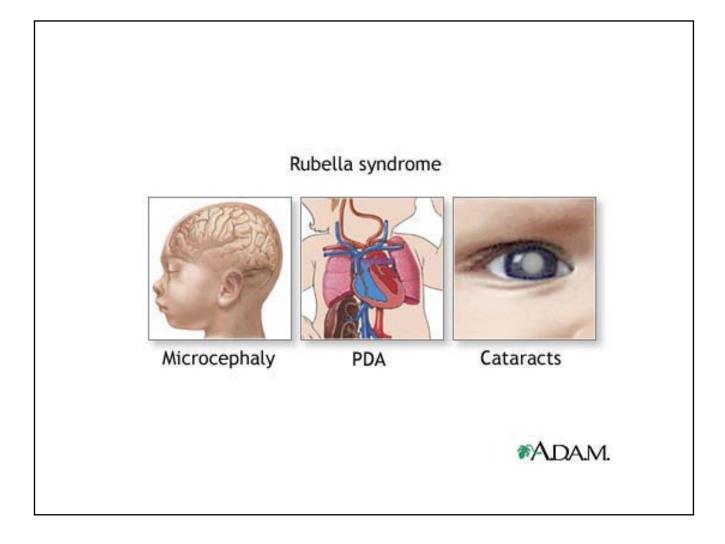


RADIATION CATARACT

- Infrared: Long exposure; posterior sub capsular: glass blower's cataract
- Irradiation cataract: X-rays, gamma rays, neutrons can cause cataract after 6M to 1 year after exposure.
- Ultraviolet rays: Senile cataract
- Electric cataract: After powerful current, punctate sub capsular cataract

MATERNAL INFECTIONS

- Rubella cataract: 50% transmission during first 8 weeks and later around 33%
- Features: cataract, deafness, heart defects-PDA, microcephaly, MR, Hypotonia, hepatosplenomegaly, thrombocytopenic purpura, pneumonitis
- Ocular: cataract, microcornea, microphthalmia, retinopathy, glaucoma, nystagmus, OA, strabismus



OTHER MATERNAL CAUSES

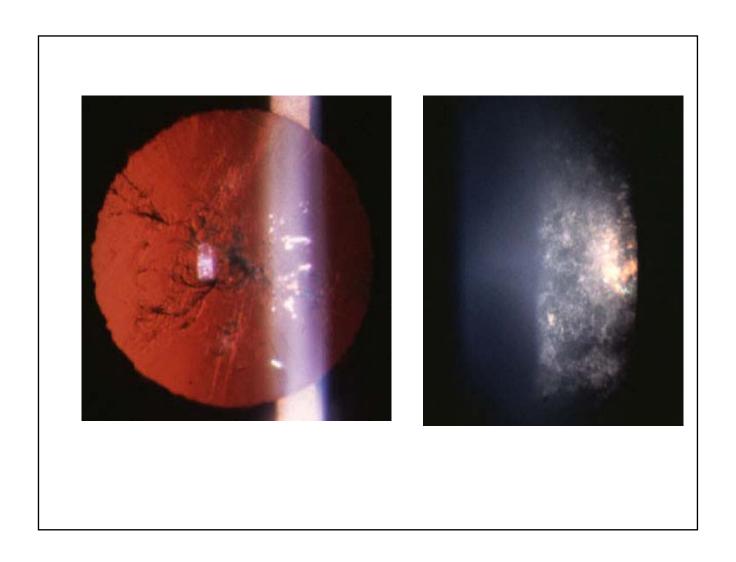
- Toxoplasmosis and CMV also can cause cataract
- Mother drug intake: thalidomide, steroids
- Exposure to radiation
- Malnutrition during pregnancy

SYSTEMIC DISEASES

➤ Dystrophia Myotonica:
Spastic muscle contractions,
hypogonadism, frontal
baldness, expressionless
face, ptosis, and cardiac
anomalies.

Ocular: Polychromatic cataract (Christmas tree cataract, light near dissociation, pigmentory macular deg.





SYSTEMIC DISEASES

- Atopic cataract: Atopic dermatitis, bilateral posterior sub capsular cataract, keratoconus, keratoconjunctivitis
- <u>Down syndrome</u>: Trisomy 21, MR, mongoloid face, CHD, Cataract, slanted narrow palpebral fissure, keratoconus, strabismus, nystagmus, blephritis, iris spots, myopia

SYSTEMIC DISEASES

- Werner's syndrome: Premature senility, hypogonadism, diabetes, arrested growth, bilateral cataract.
- Rothmund's syndrome: females affected, skin atrophy, pigmentation and telengiectasia, saddle nose, bony defects, hypogonadism, bilateral cataract

CLINICALFEATURES; Symptoms

- Visual loss; slow, painless, myopic shift
- Glare and lower contrast sensitivity
- Double or polyopia
- Colored halos
- Blurring of vision, distortion of images
- Pain if glaucoma develops

CLINICAL FEATURES; Examination

- Visual acuity testing
- Refraction
- Distant direct examination
- Iris shadow
- Slit lamp examination and IOP check
- Dilated fundus examination

CLINICAL EXAMINATION

Macular function tests

- Light perception and projection
- Pupillary reaction
- Two point discrimination
- Maddox rod test
- Entoptic images
- Laser interferometry
- Ultrasound, VEP

CATARACT SURGERY

Preop evaluation

- General physical examination and evaluation
- Complete ocular examination; IOP, sac test, conjunctivitis, ocular inflammation.
- IOL power calculation; contact and optical
- IOL calculation formulas
- Plan type of surgery: ICCE, ECCE, Phaco
- Type of anesthesia: topical, local; peri or retrobulbar or general

CATARACT SURGERY Preop preparation

- Topical antibiotics
- Topical NSAIDS
- Pupil dilatation
- Acetazolamide
- Eye preparation
- Informed consent



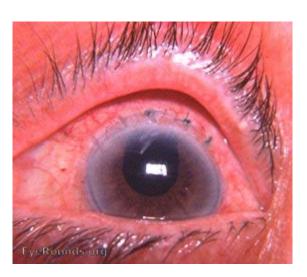
CATARACT SURGERY ICCE

- Cheap and simple,
- Less time consuming; mass surgeries possible
- No posterior capsular opacification, as no capsule
- Easy to learn and master
- No sophisticated equipment required
- Can be done when lens displaced

Methods to do icce

- Cryoextraction
- Tumbling
- Erysiphake
- Alfa chymotrypsin
- Capsular forceps





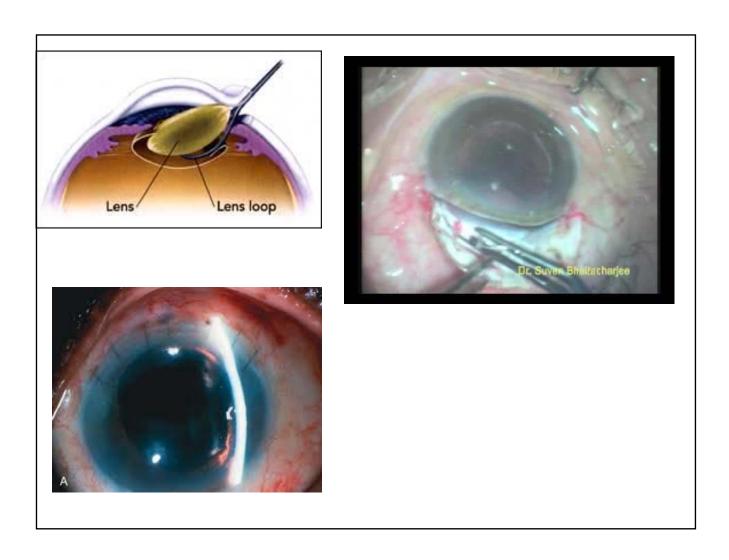
CATARACT SURGERY

ICCE; disadvantages

- PC lens not possible, scleral fixation, AC or iris fixation can be done
- Not possible in young people; more vitreous loss
- More complications; vitreous incarceration, vitreous touch, pupillary block glaucoma
- RD, endophthalmitis, CME more chances

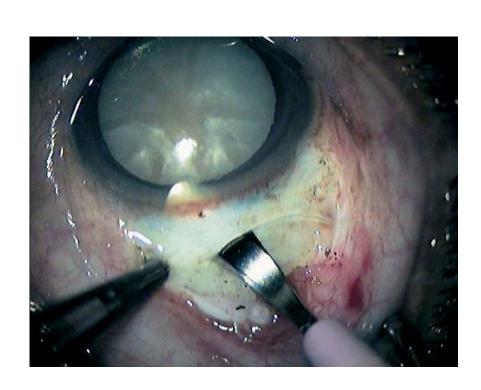
CATARACT SURGERY ECCE

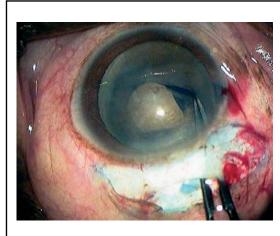
- ECCE difficult to learn and more complications with beginners
- Posterior capsule opacification
- Can not be done with lens subluxation or dislocations
- IOL implantation possible
- Less posterior segment complications

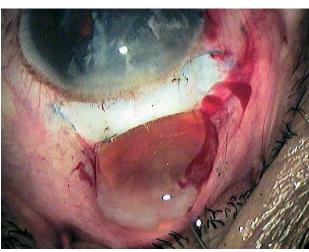


SMALL INCISION CATARACT SURGERY

- Type of ECCE
- Incision in the sclera;5-6mm
- Scleral tunnel is made, which is self sealing
- CCC or capsulotomy done
- Nucleus delivered and cortex aspirated
- IOL implanted





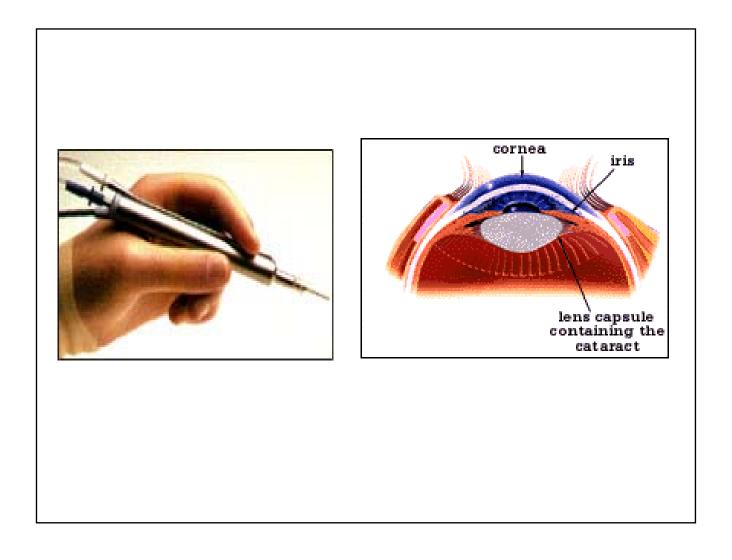


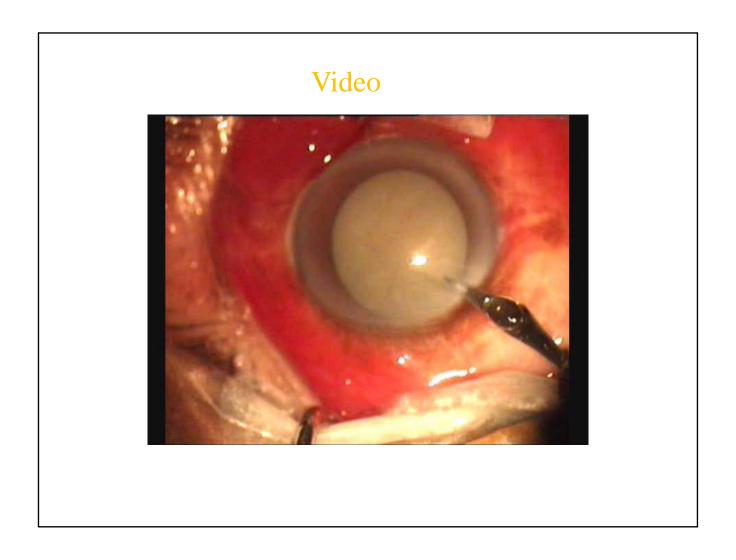
CATARACT SURGERY PHACOEMULSIFICATION

- Small incision; 3.2, 2.8, 0.9
- No sutures required
- Less astigmatism
- Early rehabilitation
- Foldable lens material has less PCO
- Complication rate less
- More costly, sophisticated equipment
- Longer learning curve

CATARACT SURGERY Surgical steps

- Conjunctival incision and cautery; ICCE, ECCE, SICS
- Wound construction; scleral, corneoscleral, corneal. Superior or temporal
- Capsulotomy: CCC, can opener, Envelope
- Hydro dissection and hydrodilination
- Removal of nucleus or emulsification
- Cortical cleanup
- IOL implantation; PMMA, Acrylic, silicone
- Wound closure

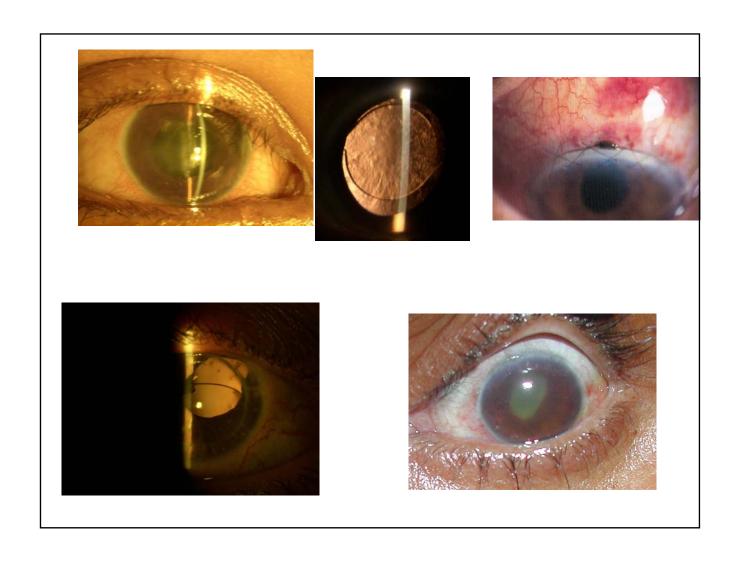




ACRILISA MULTIFOCAL

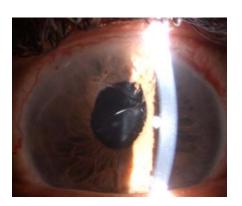
CATARACT SURGERY Complications

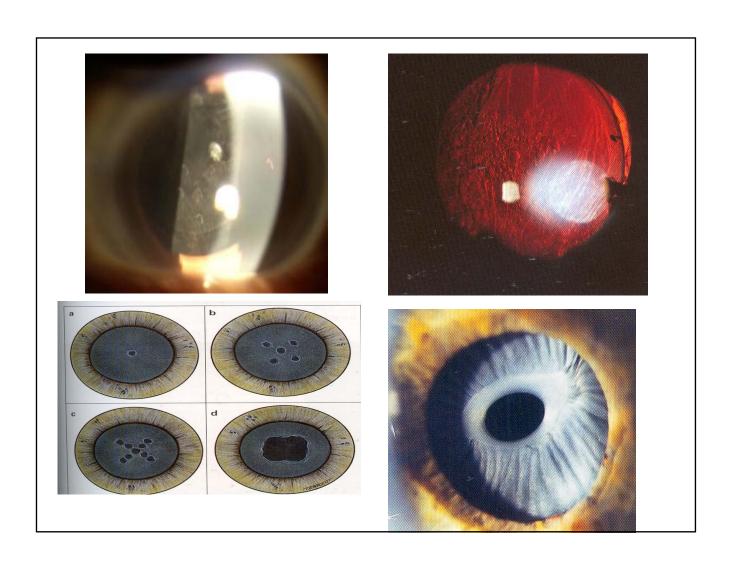
- Early: Iris prolapse, hyphema, wound leak, pupil block, IOP raised, endophthalmitis, ciliochoroidal detachment
- Late: CME, PCO, RD, Corneal decompensation, epithelial/ fibrous in growth
- Lens malpositions
- Glaucoma

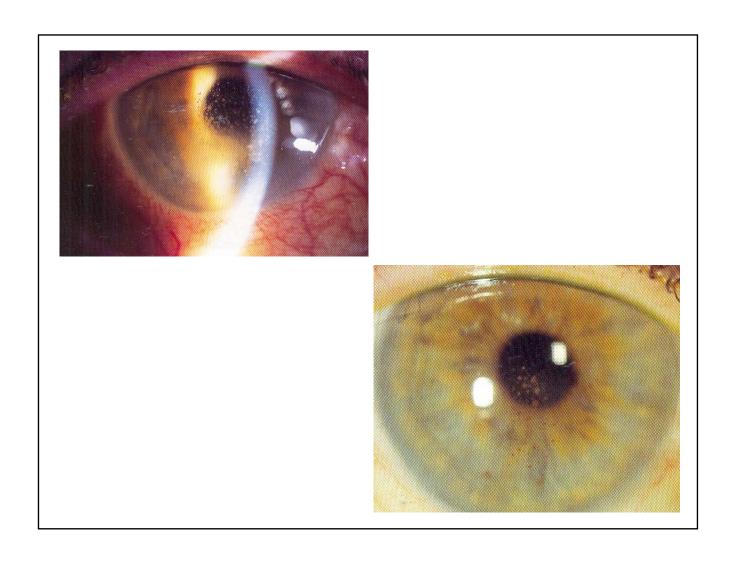




IOL subluxation





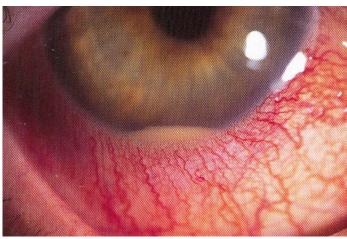


Endophthalmitis

- Devastating complication of cataract surgery
- Incidence: 1:10000
- Organisms
 - Staph. epidermis, Staph aureus, pseudomonas, fungal
- Clinical features
 - Pain, visual loss, corneal edema, hypopyon severe reaction
- Rx:
 - Intravitreal injection of Vancomycin 1mg & Ceftazidine
 2.25mg
 - PPV

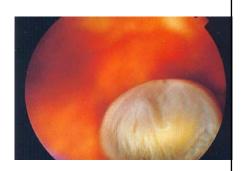


Endophthalmitis



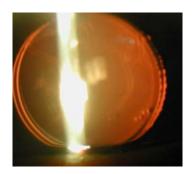
Aphakia

- **X** Refractive state
- **≭**Condition with absent lens in pupillary area
- **X** Could be dislocated posteriorly
- **★**Capsule could be present if ECCE and no IOL
- ★Iridodonesis, AC deep, jet black pupil or white capsule
- **X** No 3rd purkinje image
- **X** Require high power glasses



Pseudophakia

- Condition with IOL in the eye
- Normal physiological lens absent
- AC/PCIOL/Iris fixated
- AC deep, iridodonesis,
 Purkinje images from IOL



ECTOPIA LENTIS

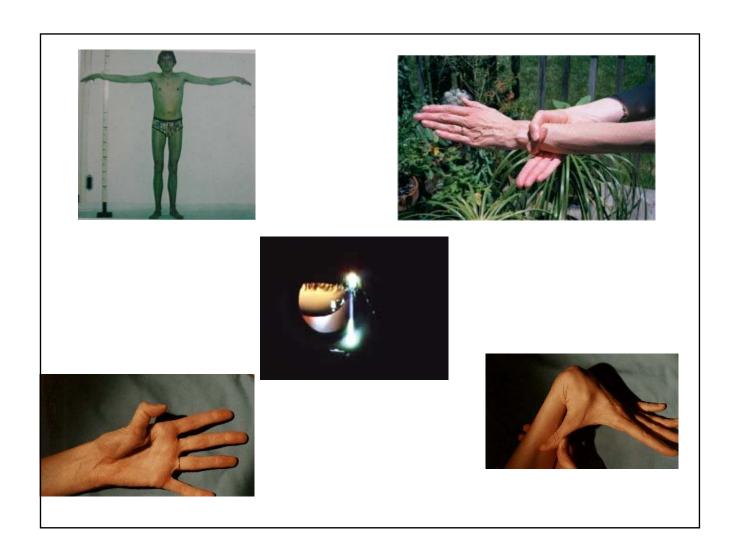
- Lens not fully in its place; partially displaced from ptellar fossa, some zonular attachment present.
- Dislocation: lens totally displaced from its place.
- Could be anterior or posterior dislocation
- Can cause glaucoma, astigmatism, uniocular diplopia
- Isolated anomaly or associated with systemic disease

ETIOLOGY

- Isolated anomaly
- Part of syndrome
- Trauma
- Pseudoexfoliation syndrome

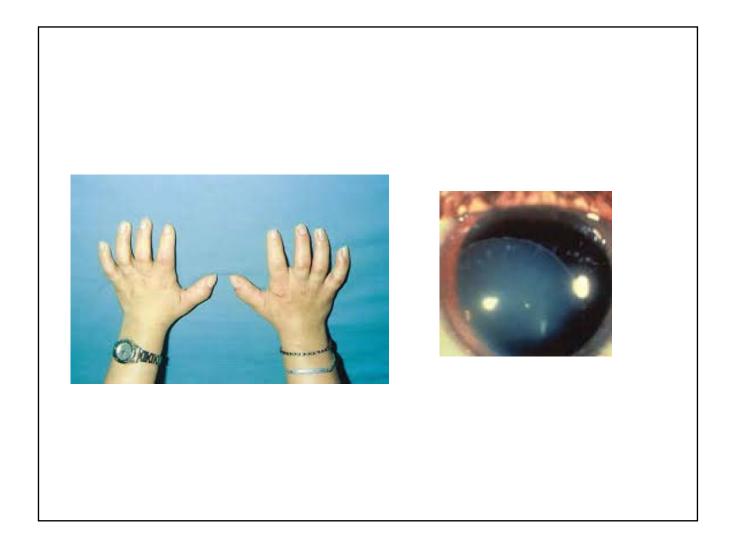
MARFAN'S SYNDROME

- Autosomal dominant
- Cardiac anomalies; aneurysm of aorta and regurgitation
- Skeletal anomalies; Upper limbs long, arachnodactyly, pectus deformity, joint laxity, high arched palate
- Ocular: Lens subluxation upwards, symmetrical, angle anomaly and glaucoma, axial myopia, flat cornea, RD



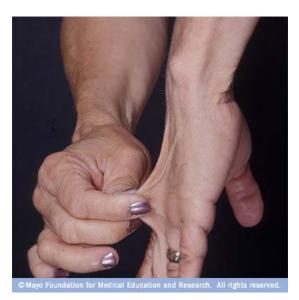
ECTOPIA LENTIS

- Weill Marchesani syndrome: Autosomal recessive.
- Short stature, short stubby fingers, mental retardation
- Ocular: Microspherophakia, inferior dislocation, angle anomalies, glaucoma
- Ehler Danlos syndrome: Joints lax, skin loose and thin, subluxation



- Ehler Danlos syndrome:
- Joints lax,
- skin loose and thin,
- subluxation

Joint and Skin Findings IN EHLER DANLOS

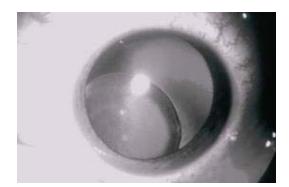




ECTOPIA LENTIS

 Homocystinuria: Autosomal recessive, deficiency of enzyme-cystathione synthatase Features like Marfan's MR, osteoporosis Thromboembolism after GA Hair fine and fair Lens subluxation downwards, glaucoma





OTHER LENS ANOMALIES

- Lens coloboma
- Anterior lenticonus- Alport's syndrome
- Posterior lenticonus-sporadic unilateral
- Microspherophakia- Lowe's syndrome, Weill Marchesani syn., Marfan's syn. Hyperlysinemia

