



Essential Drugs List (EDL)

SIDDHA MEDICINE

Department of AYUSH
(Drug Control Cell)
Ministry of Health and Family Welfare
Government of India
www.indianmedicine.nic.in

March 2013



सत्यमेव जयते

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Disclaimer: This Essential Drugs List (EDL) has been prepared with a consultative process based on inputs received from a number of stakeholders and the focus given to include only generic medicines from pharmacopeia, formulary and authoritative texts. The contributors and reviewers have taken due care to ensure correctness of the contents before publication and cannot be held responsible for any omission or inadvertent errors, nor can they warrant that all aspects of the subject have been covered. The Essential Drugs List is a guiding tool for procurement and stocking of medicines.

Those who are going to use or refer this EDL for procurement of medicines are welcome to provide their feedback and suggestions for any corrections or improvement. In this regard, write to Joint Adviser, Drug Control Cell, Department of AYUSH, 'B' Block, GPO Complex, INA, New Delhi-110023 by post or by email at dcc-ayush@nic.in



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FOREWORD

Medicines form backbone of the health delivery system. Availability of essential medicines is an important aspect to ensure peoples' access to the public health facilities. These have to be carefully selected for supply to health facilities on the basis of assured safety, efficacy and quality to address health needs of the people with success and confidence of the practitioners to use them. In this direction, the Department of AYUSH, Ministry of Health & Family Welfare, Government of India has been striving to safeguard the health of people with a number of measures for quality control of Ayurveda, Siddha, Unani and Homoeopathic medicines.

To overcome the problem of availability of AYUSH medicines in the public health system and facilitate the State & Central authorities for smooth procurement of medicines, the Drug Control Cell in the Department of AYUSH has undertaken a yearlong exercise to review the lists of essential Ayurveda, Siddha, Unani and Homoeopathic (ASU&H) drugs published in the year 2000 and in the process interacted with various stakeholders, including representatives from the fraternity of in-service practitioners, AYUSH Officers and procurement authorities from central and state government organizations. Comprehensive Essential ASU&H drug lists presently drawn with cross sectional consultation take in to account pharmacopoeias, formularies and regional preferences for certain medicines and offer wide choice for need-based selection of generic medicines.

The initiative of formulating AYUSH Essential Drug Lists has been steered with the vision and direction of Shri Anil Kumar, Secretary (AYUSH). I hope the present "Essential Drugs List-Siddha" will act as a guiding tool for the procurement agencies to fulfill the supply of Siddha medicines in dispensaries, hospitals and co-located Siddha facilities in PHCs, CHCs and District Hospitals. On behalf of Department of AYUSH, it is my privilege to convey appreciation to the considerable efforts of AYUSH experts led by Dr. D.C. Katoch, Joint Adviser (Ayurveda) to have accomplished an important task of laying down the foundation to facilitate procurement of ASU&H medicines in the states. The EDL is expected to ease the accessibility of medicines in health facilities and streamline the management of medicinal supplies with meaningful use of resources in the central and state organizations.

22nd March, 2013


(Anil Ganeriwala)



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PREFACE

Essential medicines act as a powerful means to promote health equity and are selected with due regard to disease prevalence, evidence of efficacy and safety, and comparative cost-effectiveness. Such medicines have to be available within the context of functioning health systems at all times, in adequate amounts, in the appropriate dosage forms, with assured quality, and at affordable prices. Careful selection of essential medicines with a limited range results in a higher quality of patients' care, better management of medicines and cost-effective utilization of health resources. Clinical guidelines and list of essential medicines aim at improving the availability and proper use of medicines within the health care delivery system. However, the selection of AYUSH medicines for essential drugs list needs specific consideration in view of their multiple indications, dosage forms and diverse preferences of practitioners, which vary from state to state and region to region.

The concept of essential medicines is forward-looking and important from the perspective of universal health coverage in meeting health needs of the people. Therefore, updating of EDL at regular intervals is essentially required to reflect various therapeutic options in accordance with the therapeutic needs of the populations due to varied prevalence of diseases and changing health seeking behavior. The recent report of Common Review Mission of the National Rural Health Mission has brought out that peoples' demand for and access to AYUSH treatment has increased with co-location of AYUSH facilities in primary health network. This scenario has resulted from Central Government's continuous support to the states for supply of medicines to AYUSH units. However, weak procurement system coupled with lack of easy-to-follow a standard comprehensive list of essential medicines is perhaps the reason that greatly hampers the constant availability of medicines in the health facilities. Sustainable efforts in this direction are required to ensure that essential medicines are regularly available in the health facilities and the people do not have to suffer from paying medicines' cost from their pockets.

AYUSH Essential Drug Lists were last formulated in the year 2000 and their updating was overdue considering the developments that took place in the last 6-7 years with the mainstreaming of AYUSH under NRHM and provision of central government's support to the states for strengthening AYUSH health services. The exercise for updating the EDLs was therefore taken up with a view to formulate practitioners' preference based lists of such Ayurveda, Siddha, Unani and Homeopathy medicines as are documented in the authoritative books and pharmacopoeias and formularies. The inputs of practitioners, who by virtue of being in direct touch with the patients know better about the access, quality and culturally appropriate use of ASU&H medicines, formed the basis to develop the respective EDLs. This harmonized approach helped in accommodating certain medicines in the EDLs, which are preferred by practitioners in a particular region because of their composition, long history of safe and effective use for certain ailments and which are not much practiced in other parts of the country owing to ignorance as well as lack of their availability.

It is pertinent to mention that the AYUSH EDLs are not the standard lists of medicines but are the outcome of careful selection of a limited range of system-wise medicines meant to guide need-based procurement and stocking of medicines in the health facilities. Based on these lists, States can easily organize purchase of medicines for dispensaries, hospitals and other health facilities. EDLs also influence the production of medicines and should form the basis for manufacturing of medicines in the government and cooperative pharmacies for supply to state dispensaries and hospitals. While these EDLs may be used as the building block for all procurement of medicines done with central funds, the states may have the flexibility to procure medicines from their own resources. However, it is always advisable to follow the EDLs for bulk purchase of medicines for dispensaries, hospitals, mobile clinics and medical camps run by the government and government-aided organizations. Relying on EDL-based procurement of medicines has the benefit of objective, transparent and need-based selection of medicines and optimal use of financial resources for health coverage. Inconsistencies in drug procurement can be easily curbed with reliance on EDLs leading to proper management of supplies and increased public confidence in health services.

New Delhi, 22nd March 2013



(Dr. D. C. Katoch)

Joint Adviser

Drug Control Cell, Department of AYUSH

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Vision

- Shri Anil Kumar, Secretary, Department of AYUSH.

Facilitation

- Shri Anil Ganeriwala, Joint Secretary, Department of AYUSH.

Initiation & Coordination

- Dr. Janardan Panday, Former Joint Adviser (Ayurveda), Department of AYUSH.
- Dr. D.C. Katoch, Joint Adviser (Ayurveda), Department of AYUSH.

Special Contribution

- Indian Medicine & Homoeopathy Department, Government of Tamil Nadu.

Expert Committee

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Comments & Suggestions

Participants of the Discussion Meeting held on 28th February 2012 (List Annexed)

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Editing & Review

- Dr. D. C. Katoch, Joint Adviser, Drug Control Cell, Department of AYUSH.

Guidelines

Following are the guiding principles to organize procurement and management of essential medicines-

- 1) Essential Drugs List (EDL) should be preferred for selection and procurement of medicines for supply to AYUSH health facilities. It may be taken as building block for need-based selective medicinal procurements.
- 2) It is imperative to ensure that medicines being procured are genuine and meet the licensing requirements and quality standards as mentioned in the Drugs & Cosmetics Act, 1940 and the Rules thereunder.
- 3) Since medicines are used for multiple indications, it is better to select such medicines from the EDL for procurement as could effectively meet the priority health needs of the population in the catchment areas of dispensaries, hospitals etc. In this regard, decision for listing out the medicines from EDL for procurement should be based on collective recommendations of the in-service doctors at state or district level. It is not necessary that all medicines listed in EDL have to be purchased. The procurement agencies may decide the required medicines as per the prevalence of ailments and needs of patients attending the health facilities.
- 4) To discourage loose dispensing of medicines to the patients, it is advisable to procure medicines in standard unit pack sizes as indicated in EDL for each medicine. The unit pack size of the medicine has been indicated on the basis of weekly requirement of medicines to be given to the patients. Small dispensable paper bags, plastic bottles, polythene envelopes etc. may be used for dispensing medicines to patients for 3-4 days.
- 5) The indications, contraindications and precautions of use given against each medicine are the general and illustrative. Specific details of proper use of medicines may be seen in the respective authoritative or reference books.
- 6) The medicines to be procured out of the EDL must be distributed to patients under medical supervision.
- 7) Due care of the storage conditions and expiry dates of the medicines should be taken. Spoiled or expired medicines should not be used or dispensed.

Essential Drugs List- Siddha Medicine

Abbreviations: OPD – Out Patient Department; IPD – In Patient Department; SFI – Siddha Formulary of India; SPI- Siddha Pharmacopoeia of India; SVT – Siddha Vaidya Thirattu; AVCK – Agathiyar Vaidya Chillarai Kovai; NS- Nothing Specific; gm – Gram; mg – Milligram; ml – Millilitre; TK – Theraiyar Kudineer.

(A) Karpam							
Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
1.	Ayabirungaraja Karpam	SFI-I	10 gm.	Rathakkuraivu, Narai Asathi.	500 mg, with honey, twice daily, after food.	NS	Both
2.	Bavana Kadukkai Mathirai	SFI-I	50 gm.	Erumal, Vayitru Vali, Seriyamai and Vaandhi.	1 – 2 mathirai, twice daily, after food.	NS	Both
3.	Irunelli Karpam	SFI-I	10 gm.	Sori, Sirangu.	200 mg, with honey, twice daily, after food.	NS	Both
(B) Chunnam							
4.	Vedi Uppu Chunnam	SFI-I	10 gm.	Neer Adaippu, Neer Erivu, Neer Kattu, Veekkam.	100-200 mg, with ilaneer, twice daily, after food.	NS	Both

(C) Kattu

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	Preferred Use (OPD/IPD)
5.	Lingakkattu	SFI-I	10 gm.	Sanni Thodam, Suram, Maradaippu.	100 -200mg, with honey, twice daily, after food.	NS	Both

(D) Parpam

6.	Abraka Parpam	SFI-I	10 gm.	Azhal Megappiramiyam, Nirzhivu, Vegumoothiram.	30 -60 mg, with milk, twice daily, after food.	NS	Both
7.	Amai Odu Parpam	SFI-I	10 gm.	Maantham, Kanam, Mantha Kazhlichal	80 - 160 mg, after food with milk, twice daily.	NS	Both
8.	Chembu Parpam (Thambira Parpam)	SFI-I	10 gm.	Suram, Vaayu, Erumal, Veekka vaayu.	30 -50 mg, with milk, twice daily, after food.	NS	Both
9.	Ganthaga Parpam	SFI-I	10 gm.	Megam, Sori, Sirangu, Thol noi.	100 mg, with milk, twice daily, after food.	NS	Both
10.	Karuvanga Parpam	SFI-I	10 gm.	Irumal, Megam, Eelai, Peruvayuru.	30 -60 mg, with milk, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
11.	Kalnar Parpam	SFI-I	10 gm.	Azhal, Neersurukku, Vellai.	65-130 mg, with milk, twice daily, after food.	NS	Both
12.	Kungiliya Parpam	SFI-I	10 gm.	Neer Ericcal, Neer Kattu,Vellai, Vettai.	200 - 500 mg, with milk, twice daily, after food.	NS	Both
13.	Muthu Parpam	SFI-I	10 gm.	Malai kan, Biramai, Perunkazhical, Eruvai Mulai noi.	65 - 120 mg, with milk, twice daily, after food.	NS	Both
14.	Muthuchippi Parpam	SFI-I	10 gm.	Malai kan, Biramai, Perunkazhical, Eruvai Mulai noi.	65 - 120 mg, with milk, twice daily, after food.	NS	Both
15.	Naga Parpam	SFI-I	10 gm.	Illaippu Erumal, Erivayu mulai noi, Pavuthiram, Kazhichal.	100-200 mg, with milk, twice daily, after food.	NS	Both
16.	Nandukkal Parpam	SFI-I	10 gm.	Neeradaippu, Kalladaippu Sadhai adaippu, Neerkkattu.	200-400 mg, with milk, twice daily, after food.	NS	Both
17.	Nathai Parpam	SFI-I	10 gm.	Aasana kaduppu, Kaduppu Kazhichal, Kuruthi Eruvaai mulai.	200 -400 mg, with milk, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	PREFERRED Use (OPD/IPD)
18.	Padikara Parpam	SFI-I	10 gm.	Neerkkattu, Neererivu, Vaippun.	100 -300 mg, with milk, twice daily, after food.	NS	Both
19.	Palagarai Parpam	SFI-I	10 gm.	Vettai, Megachoodu, Naccu vidam.	50 - 100 mg, with milk, twice daily, after food.	NS	Both
20.	Pancha Lavana Parpam	SFI-I	10 gm.	Soolai, Gunmam, Seriyammai.	100 -200 mg, with milk, twice daily, after food.	NS	Both
21.	Pavala Parpam (Kodi Pavala Parpam)	SFI-I	10 gm.	Eelai, Erumal Enburukki noi.	100 -200 mg, with milk, twice daily, after food.	NS	Both
22.	Pavala Parpam (Nar Pavala Parpam)	SFI-I	10 gm.	Enburukki, Eelai Erumal.	100 -200 mg, with milk, twice daily, after food.	NS	Both
23.	Peranda Parpam - 1	SFI-I	10 gm.	Biramai, Azhal.	15 - 30 mg, with milk, twice daily, after food.	Salt free restricted diet for 12 days.	Both
24.	Peranda Parpam - 2	SFI-I	10 gm.	Biramai, Azhal Pathiyam.	130 -260 mg, with milk, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	PREFERRED Use (OPD/ IPD)
25.	Sangu Parpam	SFI-I	10 gm.	Sanni, Iyyam, Kan pugaichal.	100 – 200 mg, with milk, twice daily, after food.	NS	Both
26.	Silasathu Parpam	SFI-I	10 gm.	Udal erivu, Neer kattu, Neer erivu.	500 mg, with milk, twice daily, after food.	NS	Both
27.	Siringi Parpam	SFI-I	10 gm.	Azhal noikal, Marbu noikal, Ammai, Kanai.	200-400 mg, with milk, twice daily, after food.	NS	Both
28.	Thalaga Parpam	SFI-I	10 gm.	Suram, Azhal, Vettai, Azhal kasam.	15 -30 mg, with Palm Jaggery, twice daily, after food.	NS	Both
29.	Thanga Parpam	SFI-I	10 gm.	Udal nadukkal, Iyya pini, Mega noikal, Vali noikal.	100 mg, with milk, twice daily, after food.	NS	Both
30.	Velli Parpam	SFI-I	10 gm.	Erumal, Kuruthi erumal, Enburukki noi, Manthara kasam.	100 -200 mg, with milk, twice daily, after food.	Avoid smoking and Tamarind in food.	Both
31.	Velvenga Parpam	SFI-I	10 gm.	Vettai, Pavuthiram, Neermegam.	65 -130 mg, with milk, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	PREFERRED Use (OPD/IPD)
32.	Vengara Parpam	SFI-I	10 gm.	Veppu noikkal (Neerkkatu, Neererivu, Thasai adaippu).	100 -300 mg, with milk, twice daily, after food.	NS	Both
(E) Chenduram							
33.	Abraga Chenduram	SFI-I	10 gm.	21 types of Megam, Neerizhlivu, Mathumegam.	100 -150 mg, with honey, twice daily, after food.	NS	Both
34.	Annabedi Chenduram 1	SFI-I	10 gm.	Veluppu Noi, Kaduppu Kazhichal.	50 - 100 mg, with honey, twice daily, after food.	NS	Both
35.	Arumuga Chenduram	SFI-I	10 gm.	Arai Vatham, Virai Vatham, Eruvai Mulai Noi.	65-130 mg, with honey, twice daily, after food.	NS	Both
36.	Aya Chenduram	SFI-I	10 gm.	Natpatta Vaayukal, Valippini, Azhalpini, Iyyapini.	60 - 130 mg, with honey, twice daily, after food.	NS	Both
37.	Aya Kandha Chenduram	SFI-I	10 gm.	Oodhal noi.	65-130 mg, with honey, twice daily, after food.	NS	Both
38.	Ayaveera Chenduram	SFI-I	10 gm.	Soolai, Vali neer, Vidakkadigal.	130 mg, with palm jaggery, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
39.	Chanda Marutha Chenduram	SFI-I	10 gm.	Ottu Rogam , Minor and Major ailments due to Mum malakkuttram.	30 - 60 mg, with honey, twice daily, after food.	NS	Both
40.	Gowri Chinthamani Chenduram	SFI-I	10 gm.	Soolai, Gunmam, Kaasa Suvasam, Virai vatham, Vippuruthi.	65-130 mg, with honey, twice daily, after food.	NS	Both
41.	Kadikkara Chenduram	SFI-I	10 gm.	Vali noikal, Pakkavaatham, Kazhichal, Oozhi.	30-60mg, with honey, twice daily, after food.	NS	Both
42.	Kalamega narayana Chenduram	SFI-I	10 gm.	Sanni-13, Soolai -15, Thol noi - 18, Putru.	30-130 mg, with honey, twice daily, after food.	NS	Both
43.	Kantha Chenduram	SFI-I	10 gm.	Megappinigal, Aiya noi, Keel Pidippu, Nadukku Vatham.	65-130 mg, with honey, twice daily, after food.	NS	Both
44.	Linga Chenduram- No-1	SFI-I	10 gm.	Kulir Suram, Vali Suram, Mega Noikkal.	65-130 mg, with honey, twice daily, after food.	NS	Both
45.	Linga Chenduram- No-2	SFI-I	10 gm.	Vaayu, Sanni Thodam, Moorchai, Soolai.	65-130 mg, with honey, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
46.	Loga Manduram	SFI-I	10 gm.	Vali noikal, Muppini, Suram, Peru Vayiru.	30-65 mg, with honey, twice daily, after food.	NS	Both
47.	Mandoora Chenduram	SFI-I	10 gm.	Kamalai, Paandu noikal, Arosagam.	50-100 mg, with honey, twice daily, after food.	NS	Both
48.	Naga Chenduram	SFI-I	10 gm.	Gunmam, Peru vayiru, Kavichai, Eruvai mulai noi.	65-130 mg, with honey, twice daily, after food.	NS	Both
49.	Padiga linga Chenduram	SFI-I	10 gm.	Perumbadu, Oozhi, Kazhichal.	300--600 mg, with honey, twice daily, after food.	NS	Both
50.	Padigara Chenduram	SVT	10 gm.	Seetha bethi, Perumbadu.	200-400 mg, with honey, twice daily, after food.	NS	Both
51.	Poorna chandrodayam	SFI-I	10 gm.	Eelai, Shayam, Suram, Megam, Vettai, Manjal noi.	30-65 mg, with honey, twice daily, after food.	NS	Both
52.	Rasa Chenduram	SFI-I	10 gm.	Eruvaai mulai Noi, Meganoi, Pavuthiram.	65-130 mg, after food with honey, twice daily.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
53.	Thalaga Chenduram	SFI-I	10 gm.	Mandai Soolai, Nanjugal, Kan noikal.	15-30 mg, with honey, twice daily, after food.	NS	Both
54.	Thanga Chenduram	SFI-I	10 gm.	Enbu noi, Iyya vikkal, Peruvayiru.	30-65 mg, with honey, twice daily, after food.	NS	Both
55.	Uppu Chenduram -1	SFI-I	10 gm.	Seriyammai, Vali Gunmam.	65-130 mg, with honey, twice daily, after food.	NS	Both
56.	Uppu Chenduram -2	SVT	10 gm.	Seriyamai, Soolai, Gunmam and Visham	65-130 mg, with honey, twice daily, after food.	NS	Both
57.	Suyamakkini Chenduram	SFI-I	10 gm.	Gunmam, Peruvayiru, Eruvai Ninakazhichal.	130 mg, with honey, twice daily, after food.	NS	Both
58.	Vedi Annabedi Chenduram	SFI-I	10 gm.	Peruvayiru, Veluppu noi, Manjal noi, Oothal noi.	50-100mg, with honey, twice daily, after food.	NS	Both
59.	Velli Chenduram	SFI-I	10 gm.	Manjal noi, Gunmam, Vegu Moothiram.	30-60 mg, with honey, twice daily, after food.	NS	Both

(F) Karuppu

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
60.	Kasthuri Karuppu	SFI-I	10 gm.	Sali, Suram, Irumal, Iraippu.	60-130 mg, with honey, twice daily, after food.	NS	Both
61.	Pattukkaruppu	SFI-I	10 gm.	Soothaga Soolai, Soothaga Vettai, Sanni,	65 mg, with honey, twice daily, after food.	NS	Both
62.	Sivanar Amirtham	SFI-I	10 gm.	80 Vagai Vatha Noikal, 40 Vagai Pitha Noikal, 20 Vagai Ayya Noikal.	100-200 mg, with honey, twice daily, after food.	NS	Both
63.	Thalakakkaruppu	SFI-I	10 gm.	Kasam, Iraippirumal, Eelai, Suram.	65-130 mg, with honey, twice daily, after food.	NS	Both

(G) Pathangam

64.	Parangippattai Pathangam	SFI-I	10 gm.	21 Vagai Megam, Soolai, Thol Noikal.	100-200 mg, with Palm jaggery, twice daily, after food.	NS	Both
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(H) Kuzhambu

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	PREFERRED Use (OPD/IPD)
65.	Agasthiya Kuzhambu	SFI-I	10 gm.	Suram, Irumal, Gunmam, Moolai Noikal.	65 mg, before food with Inji chaaru, early morning.	NS	Both
66.	Jaathi Jambheera Kuzhambu	SFI-I	10 gm.	Vaandhi, Pitham, Vikkal, Maantha bedhi.	50-100 mg, with Palm jaggery, 3 to 4 times per day, after food.	NS	Both
67.	Kowsikar Kuzhambu	SFI-I	10 gm.	Swasam, Erigunmam, Eruvaayu Mulai Noi.	125 - 500 mg, after food, twice daily.	NS	Both
68.	Visha Kuzhambu	SFI-I	10 gm.	Sakala Vishangal theerum.	50-100 mg, twice daily, after food.	NS	Both

(I) Mezhugu

69.	Gunma Kudori Mezhugu	SFI-I	10 gm.	Pooppu kaalathil undakum Soodhaga Sanni Gunmam, Mantham, Seriyamai.	500 mg - 1 gm, twice daily, after food.	NS	Both
70.	Idivallathi	SFI-I	10 gm.	Thol noi, Kiranthi, Araiappu, Megam, Sukkila Vaayu.	300 mg, with palm jaggery, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	Preferred Use (OPD/IPD)
71.	Kanthi Mezhugu	SFI-I	10 gm.	Mega Noikal, Thozhu Noi, Eruvai Mulai Noi.	100 -200 mg, with milk, twice daily, after food.	NS	Both
72.	Kumatti Mezhugu	SVT	10 gm.	Gunmam, Peruvayiru, Soothaga Vaayu.	200 -500 mg, with Palm jaggery, only in the morning after food.	NS	Both
73.	Maha Veera Mezhugu	SFI-I	10 gm.	Valippu, Muka Vatham, Thol noi, Soothaga Vaayu.	50 - 100 mg, with palm jaggery, twice daily, after food.	NS	Both
74.	Nava Uppu Mezhugu	SFI-I	10 gm.	Vali Gunmam, Megam, Neerkkovai Peruvayiru.	100 - 200 mg, with palm jaggery, only in the morning, after food.	NS	Both
75.	Nandhi Mezhugu	SFI-I	10 gm.	Vandu Kadi, Seyyan Kadi, Kaattu Thavalai Kadi.	100 -500 mg with palm jaggery, twice daily, after food.	NS	Both
76.	Pancha Sootha Mezhugu	SFI-I	10 gm.	Kai Kaal Esivu, Gunmam, Soolai, Eelai, Vikkal, Vaandhii.	50 -100 mg, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	PREFERRED Use (OPD/ IPD)
77.	Rasaganthi Mezhugu	SFI-I	10 gm.	Soolai Noikal, Kandamalai, Puttru Noikal, Pilavai, Thol noikal, , Megam, Silanthi, Pavuttiram, Puraiodiya Pun.	300 mg, with palm jaggery, twice daily, after food.	NS	Both
78.	Vaan Mezhugu	SFI-I	10 gm.	Sobai, Peru Vaiyru, Kalladaippu, Kamalai, Sanni, Manthara Kasam, Valippu.	50-100 mg, with palm jaggery, twice daily, after food.	NS	Both
(J) Theeneer							
79.	Oma Theeneer	SFI-I	100 ml.	Perun Kazhichal, Seriyaamai, Nina Kazhichal.	15-30 ml, twice daily, after food.	NS	Both
80.	Sombu Theeneer	SVT	100 ml.	Vayitru Vali, Seriyaamai, Swasam, Peenisam, Suram, Athithummal.	15-30ml, twice daily, after food.	NS	Both
(K) Mathirai							
81.	Amirthathi kuligai	SFI-I	10 gm.	Seriyamai Suram, Vaandhi, Karappan.	1 mathirai, with honey, twice daily, after food.	NS	Both
82.	Anantha biravam	SFI-I	10 gm.	Seedaanga Sanni.	1 to mathirai, with honey, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
83.	Ashta biravam	SFI-I	10 gm.	64 types of Suram, Theeradha Thodam, Visha Thodam.	1 mathirai, with honey, only in the morning, after food.	NS	Both
84.	Bala Sanjeevi Mathirai	SFI-I	10 gm.	Suram, Maantham, Kanam and Vayitrottam Rathakanam.	1 mathirai, with honey, twice daily, after food.	NS	Both
85.	Bramananda Bairavam Mathirai	SFI-I	10 gm.	Suram, Sanni.	1 mathirai, with honey, twice daily, after food.	NS	Both
86.	Gorochanai Mathirai	SFI-I	5 gm.	Iya Noikal, Sanni, Isivu, Allu Maantham.	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both
87.	Jalothari mani	SFI-I	10 gm.	Melvaayu, Neeradaippu, Sathaiyadaippu.	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both
88.	Kakkana Mathirai	SFI-I	10 gm.	Seriyamai, Malakkattu, Vayitru puzhu	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both
89.	Kabada Mathirai	SFI-I	10 gm.	Kazhichal, Rathakkaduppu, Eruvai mulaikaduppu, Seezh Ninakazhichal.	1 mathirai, with honey, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
90.	Kasthuri Mathirai	SFI-I	10 gm.	Sannipatha Thodam, Azhal, Aiya Suram.	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both
91.	Karuppu Vishnu Chakkaram	SVT	10 gm.	Sanni, Irumal, Thol noikal.	½ to 1 mathirai, with honey, twice daily, after food.	NS	Both
92.	Kustakaja kesari	SFI-I	10 gm.	Thozhu Noi, Megam.	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both
93.	Kungumappoo Mathirai	SFI-I	10 gm.	Aiya Kunmam, Malakkattu, Adhi Viyarvai.	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both
94.	Lavangathi Mathirai	SFI-I	10 gm.	Aiya Kunmam, Malakkattu, Adhi Viyarvai.	1 to 2 mathirai, with honey, after food.	NS	Both
95.	Linga Boopathy	SVT	10 gm.	Suram, Vayittru Puzhu.	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both
96.	Maha Elathy kuligai	SFI-I	10 gm.	Kan noi, Manjal noi, Kalladaippu, Neerizhivu.	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
97.	Maha Vasantha Kusumakaram	SFI-I	10 gm.	Aiya Noikal, Manjal noikal, Soodhaga Vaayu.	1 mathirai, with honey, twice daily, after food.	NS	Both
98.	Mega Natha kuligai	AVCK	10 gm.	Gunmam, Kulir Suram, Malakkattu.	2 to 4 mathirai Once a day, before food.	NS	Both
99.	Murukkanvidai Mathirai	SFI-I	10 gm.	Kudarpoochigal, Maantham, Vayitru Porumal.	1 to 2 mathirai, before bed time or in the early morning.	NS	Both
100.	Pachai karpooora Mathirai	SVT	10 gm.	Veppa Suram, 80 types of Vali noikal, 40 types of Azhal noikal, Kapha noikal.	1 to 2 mathirai with honey, only in the morning, after food.	NS	Both
101.	Sanjeevi Mathirai	SFI-I	10 gm.	Moola Vaayu, Eruvai mulai, Vali gunmam, Soolai Vali.	1 to 2 mathirai with honey, only in the morning, before food.	NS	Both
102.	Santha Shandrothayam	SFI-I	10 gm.	Azhal Suram.	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both
103.	Soolai Boopathy	SFI-I	10 gm.	Vayitru vali.	1 mathirai, with honey, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	Preferred Use (OPD/IPD)
104.	Soolai Kudaram	SFI-I	10 gm.	Soolai, Gunmam.	1 mathirai with honey , only in the morning, after food..	NS	Both
105.	Swasakudori Mathirai	SFI-I	10 gm.	Irumal, Suvasa kaasam.	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both
106.	Thazahambo Mathirai	SFI-I	10 gm.	Kudal Vaayu.	1 mathirai, with honey, twice daily, after food.	NS	Both
107.	Thirithoda Mathirai	SFI-I	10 gm.	Sanni.	1 mathirai, with honey, twice daily, after food.	NS	Both
108.	Vatha Rakshasan	SFI-I	10 gm.	Sanni, Vatha noikal.	1 mathirai, with honey, twice daily, after food.	NS	Both
109.	Vasantha kusumakaram	SFI-I	10 gm.	Aiya Irumal, Siruneer Noi, Thummal.	1 to 2 mathirai, with honey, twice daily, after food.	NS	Both
110.	Vengara Mathirai	SVT	10 gm.	Malammilakki, Mookku Noikal, Soolai, Vaatham.	1 mathirai, with honey, twice daily, after food. .	NS	Both

Sl.No	Name of Medicine	Refer- ence Text	Dispen- sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra- indication	Preferr- ed Use (OPD/ IPD)
111.	Viresana Boopathy	SFI-I	10 gm.	Malakkattu, Oothu Maantham, Porumal, Vali Noikal	1 to 2 mathirai, twice daily, after food.	NS	Both
112.	Vishnu Chakkara Mathirai	AVCK	10 gm.	Pakkavaatham , Vikkal, Oodhal, 13 types of Sanni, Yeppam , Moorchai, Vaayu	1 mathirai, with honey, twice daily, after food.	NS	Both
(L) Thailam							
113.	Anda Thailam	SFI-I	30 ml.	Mantham, Valippu, Nakkuvatham.	1-4 drops, with milk, twice daily, after food.	NS	Both
114.	Arakku Thailam	SFI-I	50 ml.	Udal kaduppu, Padu Gnayiru, Ezhu Gnayiru.	For external application on scalp and body.	NS	Both
115.	Chirattai Thailam	SFI-I	30 ml.	Sori, Padai, Natpatta thol noi.	For external use, diluted with equal part of Thenkkai ennai or Amirta Vennai.	NS	Both
116.	Chithiramoola Thailam	SFI-I	50 ml.	Mandaiyidi, Mandaikuthu.	Used externally for bath.	NS	Both
117.	Chukku Thailam	SVT	50 ml.	Thalai noi, Peenisam, Aama Vaatham, Sevikkuthal.	For external application	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
118.	Citramutti Thailam	SFI-I	50 ml.	Karuppai partriya Vaayu, Maathandira poopu kala Gunmam.	5 -10 ml internal use twice daily. Also used for thokkanam and used as bath oil.	NS	Both
119.	Citramutti Madakku Thailam	SFI-I	50 ml.	Soothaga vaatham, Enburukki noi, Munneerkkovai.	5ml internal use twice daily. and also used externally for thokkanam and bath oil.	NS	Both
120.	Ganthaga Sudar Thailam	SFI-I	10 ml.	Thol noi, Pun, Vellai, Karumegam, Gunmam.	3 drops with sarkkarai for internal use twice daily, after food.	NS	Both
121.	Kaiyan Thailam	SFI-I	50 ml.	Saliyudan Koodiya Erumal.	½ to 1 teaspoonful for internal use, also used for external application	NS	Both
122.	Kalarchi Thailam	SFI-I	100 ml.	Viral veekkam, Adikudalai patriya vaayu.	8-15 ml. once a day, empty stomach in the morning.	NS	Both
123.	Karappan Thailam	SFI-I	100 ml.	Karappan.	For external application	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
124.	Keezhanelli Thailam	SFI-I	100 ml.	Manjal noi, Vaandhi, Mayakkam, Kai-Kaal Erichal.	For external application.	NS	Both
125.	Kumari Thailam	SFI-II	100 ml.	Mega noikal, Azhal noikal, Envagai Gunmam.	For external application	NS	Both
126.	Kunthirika Thailam	SFI-I	100 ml.	Veekkam, Vatha vali, Thapitham.	For external application.	NS	Both
127.	Lagu Santhanathi Thailam	SFI-I	100 ml.	Azhal noikal, Kan Erivu, Kai-kaal Udal Erivu.	For application on scalp and for massage	NS	Both
128.	Lagu Vishamusti Thailam	SFI-I	100 ml.	Vali noikal.	For external application	NS	Both
129.	Malai Vembathi Thailam	SFI-I	100 ml.	Soothaka Vaayu, 3 vagai Maladugal.	15-30 ml, once a day empty stomach in the morning.	NS	Both
130.	Mathan Thailam	SFI-I	50 ml.	Karappan, Sori, Purai odiya pungal.	For external application	NS	Both
131.	Mayana Thailam	SFI-I	50 ml.	Anda vaatham, Paarisa vaatham, Vali, Keel Vaayu, Sanni, Veekkam, Virai Veekkam.	For external application.	NS	Both
132.	Meganatha Thailam	SFI-I	50 ml.	Vellai, Vettai, Megam, Katti, Vayitru noi.	8-30 ml, once a day empty stomach in the morning.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
133.	Meni Thailam	SFI-I	50 ml.	Kudal poochigal, Pavuthiram.	5-10 ml twice daily, after food.	NS	Both
134.	Merugulli Thailam	SFI-I	50 ml.	Keel Vaayu, Megam, Vaatha veekkam, Naatpatta Viranangal, Aama vaatham.	10-20 ml, once a day empty stomach in the morning.	NS	Both
135.	Milagai Thailam	SFI-I	100 ml.	Thimir Vaatham, Mandaikattu, Soolai, Sori.	For external application	NS	Both
136.	Moolakkudara Thailam	SFI-I	50 ml.	Moolam, Ratha moolam, Malakkattu.	5-10 ml before bed time.	NS	Both
137.	Nasiroganasa Thailam	SFI-I	50 ml.	Naatpatta Peenisam, Kan Thimiram, Thalaivali.	For external application	NS	Both
138.	Nochi Thailam	SFI-I	50 ml.	Erumal, Elaippu Erumal, Udal kaduppu.	For external application	NS	Both
139.	Peenisa Thailam	SFI-I	50 ml.	All types of Peenisa noikal.	Used as nasal drops once in 4 days and used as bath oil once in 8 days.	NS	Both
140.	Ponnangaani Thailam	SFI-I	100 ml.	Azhal veppa noikal, 96 types of Kan noikal.	Used as bath oil.	NS	Both

Sl.No	Name of Medicine	Refer- ence Text	Dispen- sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra- indication	Preferr- ed Use (OPD/ IPD)
141.	Pungan Thailam	SFI-I	100 ml.	Azhal Veppa noikal, Kan noikal.	For external application	NS	Both
142.	Seeraga Thailam	SFI-I	100 ml.	Azhal Mayakkam, Kan Noi, Vaandhi, Thalai vali, Maantham.	Used as bath oil.	NS	Both
143.	Sirobara nivarana Thailam	SVT	100 ml.	Naatpatta Thalaivali, Otrai Thalaivali, Chandiravartham, Suryavartham.	For external application.	NS	Both
144.	Sivanar vembu kuzhi Thailam	SFI-I	50 ml.	Ulaichal, Vaayu, Karappn, Thozhu noi.	5-10 drops internally with sivanarvembu chooranam, Also for external application.	NS	Both
145.	Ulunthu Thailam	SFI-I	50 ml.	Sira Kambam, Karak kambam, Vali noikal.	Used externally for thokkanam.	NS	Both
146.	Vatha Kesari Thailam	SFI-I	100 ml.	Vatha Noikal, Thimir Vatham, Pakka Vaayu, Mutakku Vaayu, Muttu Vatham.	For external application.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
147.	Virana sanjeevi Thailam	SFI-I	50 ml.	Pungal.	A few drops smeared on betel leaf and applied externally.	NS	Both
(M) Ilakam							
148.	Impooral Ilakam	SFI-I	200 gm.	Kuruthi Erumal, Kuruthi Vaandhii, Kuruthikkazhichal.	5-10 gm, twice daily, after food.	NS	Both
149.	Inji Ilakam	SVT	200 gm.	Vaayu, Pitham, Vaandhi, Porumal.	6-12 gm, twice daily, after food.	NS	Both
150.	Kadukkai Ilakam	SFI -II	200 gm.	Neerkkattu, Malakkattu, Moolachoodu.	5-10gm, twice daily, after food.	NS	Both
151.	Karisalai Ilakam	SFI-I	50 gm.	Veluppu noi, Azhal vettai, , Mayakkam, Neer Surappu.	2-4 gm, twice daily, after food.	NS	Both
152.	Karunai Ilakam	SFI-I	50 gm.	All types of Eruvai mulai noikal.	2-4 gm, twice daily, after food.	NS	Both
153.	Kaya Ilakam	SFI-II	100 gm.	Pirasavitha pengalin uthirachikkal.	5-10 gm, twice daily, after food.	NS	Both
154.	Kesari Ilakam	SFI-I	50 gm.	40 types of Azhal, Nina Kazhichal, Oodhal.	3 gm, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
155.	Kumari Ilakam	SFI-II	200 gm.	Mega noi, Oodal, Veppam, Madhavidai Pinigal.	5-10 gm, twice daily, after food.	NS	Both
156.	Maha Vallathi Ilakam	SFI-I	50 gm.	21 types of Megam, All types of Vidam, 18 types of Thol noi.	3 gm, twice daily, after food.	NS	Both
157.	Mahavilvathi Ilakam	SFI-II	200 gm.	Suvasa kasam, Veekkam, Vaandhi, Veluppu Noi, Vayitru erichal.	5-10 gm, twice daily, after food.	NS	Both
158.	Naracimma Ilakam	SFI-II	50 gm.	Vali noikal, Narambu thalarchi.	1-2 gm, twice daily, after food.	NS	Both
159.	Narathai Ilakam	SFI-I	100 gm.	Azhal, Gunmam, Oon veruppu, Vaandhi.	5 gm, twice daily, after food.	NS	Both
160.	Nellikai Ilakam	SFI-I	200 gm.	Megam, Elumbai pattriya suram.	5-10 gm, twice daily, after food.	NS	Both
161.	Sarabunga Vilvathy Ilakam	SVT	200 gm.	Vettai, Velluppu noi.	5-10 gm, twice daily, after food.	NS	Both
162.	Sowbakya sundi Ilakam	SFI-II	100 gm.	Soothika Vayu, Mega noikal, Pacimantham.	3 - 5 gm, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
163.	Thettran Kottai Ilakam	SFI-I	100 gm.	Enbu suram, Vali, Patchi mantham, Eruvaai Mulai noi.	5 gm, with Naga Parpam twice daily, after food.	NS	Both
164.	Venpoosani Ilakam	SFI-I	200 gm.	Manjal Noi, Piramiyam, Neer surukku, Veppu noi.	5-10 gm, twice daily, after food.	NS	Both
165.	Vilvathi Ilakam	SFI-I	200 gm.	Azhal gumam, Azhal Vaandhii, Azhal Erivu.	5-10 gm, twice daily, after food.	NS	Both

(N) Rasayanam

166.	Inji Rasayanam	SFI-I	50 gm.	Udal Erivu, Anal, Mantham, Azhal Pinikal.	1-2 gm, twice daily, after food.	NS	Both
167.	Kanthaga Rasayanam	SFI-I	50 gm.	30 Vagai Vali, 40 Vagai Azhal, 18 Vagai Soolai.	3 gm, twice daily, after food.	NS	Both
168.	Parangi Rasayanam	SFI-I	50 gm.	Megam, Parangi Pun, 96 vagai Ayya Noikal, Aan Pen Kuri Puttru.	5 gm, twice daily, after food.	NS	Both
169.	Tippili Rasayanam	SFI-I	50 gm.	Natpatta Irumal, Manthara Kasam, 96 vagai Aiyyam.	½ to 1 gm, twice daily, after food.	NS	Both

(O) Nei

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
170.	Adathodai Nei	SFI-I	100 ml.	Eelai, Thondai kattu, Mantham, Eruvai Mulai Noi.	10-15 ml, thrice daily, after food.	NS	Both
171.	Birami Nei	SFI-I	100 ml.	Valippu, Narambu Thalarchi, Marathi.	10-15 ml, once a day, after food.	NS	Both
172.	Puliyarai Nei	SFI-I	100 ml.	Azhal Vettai, Erichal, Neer Churukku.	5-10 ml, twice daily, after food.	NS	Both
173.	Seenthil Nei	SFI-I	100 ml.	Sori, Sirangu, Katti, Karumpulli, Pun.	5-10 ml, twice daily, after food.	NS	Both
174.	Serankottai Nei	SFI-I	100 ml.	Thol Noikal, Iraippirumal, Keel Vaayu.	5-10 ml, twice daily, after food.	NS	Both
175.	Thanneer Vittan Nei	SFI-I	100 ml.	Perumbadu, Vettai, Kalladaippu, Neeradaippu.	10-15 ml, twice daily, after food.	NS	Both
176.	Thoothuvalai Nei	SFI-I	100 ml.	Azhal Noikal, Megam, Iraippu Vaayu.	10-15ml, twice daily, after food.	NS	Both
177.	Vallarai Nei	SFI-I	100 ml.	Tontha Mantham, Por Mantham, Megam, Thol Noikal.	5-10 ml, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	Preferr-ed Use (OPD/ IPD)
178.	Venpoosani Nei	SFI-I	100 ml.	Vellai, Aan Pen Kuri Erivu, Parangi Puttru.	5-10 ml, twice daily, after food.	NS	Both
(P) Manappagu							
179.	Adathodai Manappagu	SFI-I	100 gm.	Irupal, Suram, Ayya Noikal, Vali Noikal.	10-20 gm, twice daily, after food.	NS	Both
180.	Inji Manappagu	SFI- II	100 gm.	Vaandhii, Miguntha Azhalal Untakum Marupu Erichal.	10-15 gm, twice daily, after food.	NS	Both
181.	Mathulai Manappagu	SFI-I	100 gm.	Veluppu Noikal, Kai Kal Erivu, Vaandhii.	10-15 gm, twice daily, after food.	NS	Both
182.	Nannari Manappagu	SFI -II	100 gm.	Neer Churukku, Kan Erivu, Navaratchi.	5-10 gm, twice daily, after food.	NS	Both
183.	Thurunji Manappagu	SFI-I	100 gm.	Azhal Noikal, Kai Kal Erivu, Vaandhii.	10-20 gm, twice daily, after food.	NS	Both
(Q) Vadagam							
184.	Inji Vadagam	SFI-I	50 gm.	Vellai Noi, Asseranam, Maantham, Udal Nalivu.	1 mathirai, twice or thrice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	Preferr ed Use (OPD/ IPD)
185.	Pirandai Vadagam	SFI-I	50 gm.	Peruvayiru, Vayitru vali.	1 mathirai, twice or thrice daily, after food.	NS	Both
186.	Thalisaathi Vadagam	SFI-I	50 gm.	Aiyam, Nina Kazhichal, Vaandhi, Perunkazhichal.	1 mathirai, twice daily, after food.	NS	Both
187.	Vazhaippu Vadagam	SFI-I	50 gm.	Perumbaadu.	1 mathirai, twice daily, after food.	NS	Both

(R) Chooranam (Multi-Ingredient)

188.	Amukkara Chooranam	SFI-I	50 gm.	Ellaipattral noi, Kai Kal Erivu, Velluppu Noi.	500 – 1000 mg, with honey or milk, twice daily, after food.	NS	Both
189.	Elathy Chooranam	SFI-I	50 gm.	Pitha Vaayu, Vaayu.	1 - 2 gm, with honey or milk, twice daily, after food.	NS	Both
190.	Inji Chooranam	SFI-I	50 gm.	Suvai Inmai, Oon Veruppu, Pakka vaayu.	1 - 2gm, with honey or milk, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	Preferr ed Use (OPD/ IPD)
191.	Kazharchi Chooranam	SFI-I	50 gm.	Viravatham, Yannaikkal noi.	300 – 1000 mg, with honey or milk, twice daily, after food.	NS	Both
192.	Mayiliragathy Chooranam	SFI-I	50 gm.	Vikkal.	500 - 1000 mg, with honey or milk, twice daily, after food.	NS	Both
193.	Nila Vaagai Chooranam	SFI-I	50 gm.	Malakattu, Porumal, Vikkal, Vaandhi, Erumal.	1 - 2gm, with honey or milk, twice daily, after food.	NS	Both
194.	Parangi Pattai Chooranam	SFI-I	50 gm.	Megam, Karumpulli, Venpulli.	1-2 gm, with Jaggery twice daily, after food.	NS	Both
195.	Pancha Deepakkini Chooranam	SFI-I	50 gm.	Seriyamai, Porumal, Soolai, Moolavayu.	1 - 2 gm, with honey or milk, twice daily, after food.	NS	Both
196.	Seeraga Chooranam	SFI-I	50 gm.	Azhal, Kirukiruppu, Vaandhi.	1 - 2 gm, with honey or milk twice daily, after food.	NS	Both
197.	Seenthil Chooranam	SFI-I	50 gm.	Mayir vettu, Puzhuvettu, Viravayu.	1 -2 gm, with honey or milk twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	Preferred Use (OPD/IPD)
198.	Sivathai Chooranam	SFI-I	50 gm.	Malakkattu, Veppu, Vayu.	2 - 4 gm, with honey or milk twice daily, after food.	NS	Both
199.	Sundai Vatrals Chooranam	SFI-I	50 gm.	Vayitru porumal, Mantham, Iraichal Kazhichal, NinaKazhichal.	1 - 2 gm, with buffalo curd, twice daily, after food.	NS	Both
200.	Suvasa Kudori Chooranam	SFI-II	50 gm.	Suvasa Noikal, Eelai, Kaasam, Irumal, Vettai.	500 mg - 1 gm, with honey, twice daily, after food.	NS	Both
201.	Thalisathi Chooranam	SFI-I	50 gm.	Erumal, Vatha noi, Azhal noi.	1 - 2 gm, with Honey, twice daily, after food.	NS	Both
202.	Thayirchundi Chooranam	SFI-I	50 gm.	Kazhichal, Seriyamai.	1 - 2 gm, twice daily, after food.	NS	Both
203.	Thiratchathi Chooranam	SFI-I	50 gm.	Azhal Gunman,, MayakkamErivu, Enbupurukki noi, Oon veruppu.	1 - 2 gm, with honey or milk, twice daily, after food.	NS	Both
204.	Thirikadugu Chooranam	SFI-I	50 gm.	Paciyinmai, Vayitru porumal.	1 - 2 gm, with honey or milk twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	PREFERRED Use (OPD/ IPD)
205.	Thiripala Chooranam	SFI-I	50 gm.	Malakkattu; also used as mouth wash in cases of Vaaippun and for washing wounds and Ulcers.	1 -2 gm, with honey or milk twice daily, after food.	NS	Both
(S) Kudineer Chooranam							
206.	Adathodai kudineer Chooranam	SFI-I	100 gm.	Irupal, Paciyinmai, Naatpatta Irupal, Iraippirupal	30-60 ml of decoction, twice daily, after food.	NS	Both
207.	Kalladaippu kudineer Chooranam	SFI-II	100 gm.	Kalladaippu.	30 -60 ml of decoction, twice daily, after food.	NS	Both
208.	Kaba Sura Kudineer Chooranam	SFI-I	100 gm.	Aiyya Suram.	30 -60 ml of decoction, twice daily, after food.	NS	Both
209.	Mandooraadhi Adai kudineer Chooranam	SFI-I	100 gm.	Veluppu, Kamalai, Peruvayiru.	30 -60 ml of decoction, twice daily, after food.	NS	Both
210.	Nakkupoochi kudineer Chooranam	SFI-I	100 gm.	Nakkupoochi, Thimirpoochi, Kokkipoochi Kutililulpoochikal.	30 -60 ml of decoction, twice daily, after food.	NS	Both
211.	Nilavembu kudineer Chooranam	SFI-I	100 gm.	Kulir Suram, Azhal Suram.	30 -60 ml of decoction, twice daily, after food.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
212.	Neermulli kudineer Choorarnam	SFI-I	100 gm.	Oodhal Noi, Veekkam, Peruvayiru, Neerkkattu.	30 -60 ml of decoction, twice daily, after food.	NS	Both
213.	Pidangu Nari kudineer Choorarnam	SVT	100 gm.	Surakkatti.	30 -60 ml of decoction, twice daily, after food.	NS	Both
214.	Pitha Sura Kudineer Choorarnam	SFI-I	100 gm.	Azhal suram.	30 -60 ml of decoction, twice daily, after food.	NS	Both
215.	Rathapitha Kudineer Choorarnam	TK	100 gm.	Ratha Pitham.	30 -60 ml of decoction, twice daily, after food.	NS	Both
216.	Thiratchadhi Kudineer Choorarnam	SFI-I	100 gm.	Thamaraga noikal, Vanmaiinmai.	30 -60 ml of decoction, twice daily, after food.	NS	Both
217.	Vatha Sura Kudineer Choorarnam	SFI-I	100 gm.	Vali Suram, Nadukku Suram.	30 -60 ml of decoction, twice daily, after food.	NS	Both

Pura Marunthugal

(T) Mezhugu

218.	Kilinjil Mezhugu	SFI-I	50 gm.	Pittha Vedippu	For external use.	NS	Both
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Sl.No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/contraindication	PREFERRED Use (OPD/ IPD)
219.	Vellai Mezhugu	SFI-I	50 gm.	Pittha Vedippu	For external use.	NS	Both
(U) Vennai							
220.	Amirtha Vennai	SFI-I	50 gm.	Pilavai, Kandamalai, Nerikattu, Puriodiya Pungal, Veekkangal, Araiappu.	For external use.	NS	Both
221.	Kungiliya Vennai	SFI-I	50 gm.	Mega Vellai, Muga Erivu, Neerkkaduppu, Vayir Erichal, Kai Kal Kanthal.	For external use (As per direction by physician Internal also may be used)	NS	Both
222.	Pazha Kirambu Pakkuva Vennai	SFI -I	50 gm.	Kan Noikal, Kan Peelai Saaduthal.	For external use.	NS	Both
223.	Vanga Vennai	SFI-I	50 gm.	Sori, Sirangu, Viranam, Padai, Pun.	For external use.	NS	Both
(V) Kalimbu							
224.	Mega Virana Kalimbu	SFI-I	50 gm.	Pungal, Parangi Pungal, Mega Pungal.	For external use.	NS	Both
(W) Podi							
225.	Padai Cankaaran	SFI-I	50 gm.	Padarthamarai, Padaikal.	For external use.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
226.	Venkara Podi	SFI-I	50 gm	Pun, Purai, Padaikal.	For external use.	NS	Both
(X) Panneer							
227.	Padiga Panneer	SFI-I	100 ml.	Vai Pun, Kan Noi, Mookil Ratham Vadithal, Pun.	For external use as gargling, nasal drops and eye drops.	NS	Both
(Y) Kuzhambu							
228.	Ilaneer Kuzhambu	SFI-I	10 ml.	Kannil Poo, Kan Erichal, Kan Soodu.	1-2 drops as eye drops.	NS	Both
(Z) Mai							
229.	Neelanjana Mai	SVT	10 gm.	Poo Padalam, Muttu Kaasam, Pillam, Kan Noikal.	For external use.	NS	Both
(AA) Mathirai							
230.	Neerkkovai Mathirai	SVT	10 gm.	Common cold and head ache due to cold.	For external use.	NS	Both
(AB) Chooranam							
231.	Dhanthathavana chooranam	SFI-I	100 gm.	Pal vali.	For external use as tooth powder	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
(AC) Chooranam (Single Ingredient)							
232.	Amukkara	SPI Part I, Vol - I	50 gm.	Vindhu kuraivu, Veluppu, Vali noikal.	3 - 6 gm, twice daily.	NS	Both
233.	Adathodai ver	SPI Part I, Vol - I	50 gm.	Eraippu, Erumal, Iya suram.	3 - 6 gm, twice daily.	NS	Both
234.	Akil kattai	SPI Part I, Vol - II	50 gm.	Suram, Vaandhi, Naasiyadaippu, Namaipudaigal.	1 gm, twice or thrice daily.	NS	Both
235.	Akkarakaaram	SPI Part I, Vol - II	50 gm.	Pal vali, Naavaratchi, Keel vaayu.	0.5- 1 gm, twice daily.	NS	Both
236.	Athimathuram	SPI Part I, Vol - I	50 gm.	Siruneer Erichal, Erumal, Kan noikal, Venpulli.	2 - 4gm, twice daily.	NS	Both
237.	Athividayam	SPI Part I, Vol - I	50 gm.	Moolam, Murai suram, Perunkazhichal, Pun, Vaandhi.	600 mg - 2gm, twice daily.	NS	Both
238.	Aththi pattai	SPI Part I, Vol - I	50 gm.	Seetha kazhichal, Kuruthi pokku, Moolam, Vellai.	3 - 6 gm, twice daily.	NS	Both
239.	Avuri	SPI Part I, Vol - I	50 gm.	Gunmam, Nanju neekkam, Vellai.	25 - 50 ml of decoction , twice daily	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
240.	Avuri ver	SPI Part I, Vol - I	50 gm.	Gunmam, Nanju neekkam, Vellai, Moorchai.	30 - 50 ml of decoction, twice daily.	NS	Both
241.	Birammi	SPI Part I, Vol - I	50 gm.	Aiya noikal, Malakattu, Neer surukku, Veekam, Pitha athikkam, Valippu noi.	1 - 3 gm, twice daily.	NS	Both
242.	Chukku	SPI Part I, Vol - I	50 gm.	Seriyamai, Erumal, Gunmam, Thalai vali, Pasi inmai.	500 mg - 1 gm, twice daily.	NS	Both
243.	Devadhaaru Kattai	SPI Part I, Vol -II	50 gm.	Peenisam, Suram.	3-5 gm, twice or thrice a day.	NS	Both
244.	Kadugurohini	SPI Part I, Vol - I	50 gm.	Suram, Karappan, Mantham, Pungal, Eralnoi.	500 mg - 1gm, twice daily.	NS	Both
245.	Kadukkai	SPI Part I, Vol - I	50 gm.	Kamalai, kan noikal, Kuruthi azhal, Vidam, Malakkattu.	3 - 5 gm, twice daily	NS	Both
246.	Kakkana ver	SPI Part I, Vol - I	50 gm.	Suram, Kan noi, Kudal puzhu, Mantham, Vellai.	250 -500 mg. for children and 500 - 1500 mg. for adults.	NS	Both
247.	Kandankathiri samoolam	SPI Part I, Vol - I	50 gm.	Suram, Elaippu, Eraippu, Peenisam, Pasiyin- mai.	2 - 4gm, twice daily	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
248.	Karbooga arisi	SPI Part I, Vol - I	50 gm.	Karappan, Nanju, Namaichal, Pun, Venpulli.	1 – 2 gm, twice daily.	NS	Both
249.	Karunseerakam	SPI Part I, Vol - I	50 gm.	Sirangu, Kammalai, Gunmam, Mandai karappan, Pun.	500 mg.–4 gm. twice daily.	NS	Both
250.	Kasakasa	SPI Part I, Vol - I	50 gm.	Aanmaikkuraivu, Seethakkazhichal, Kudal puzhu, Thinavu.	3 - 5gm, twice daily.	NS	Both
251.	Kattu seerakam	SPI Part I, Vol - I	50 gm.	Gunmam, Kudal puzhu, Vellai, Venpulli.	1 – 3 gm, twice daily.	NS	Both
252.	Keelkkainelli samoolam	SPI Part I, Vol - I	50 gm.	Azhal noikal, kan noikal, Kuruthikkazhichal, Madhumegam, Maantham.	3 - 5 gm, twice daily.	NS	Both
253.	Kostam	SPI Part I, Vol - I	50 gm.	Eraippu, Erumal, Moolam, Nanju.	2 - 4gm, twice daily.	NS	Both
254.	Kuppaimeni samoolan	SPI Part I, Vol -II	50 gm.	Sarva vidam, Kunmam, Iratha moolam, Kaba noikal.	1-2gm, twice daily.	NS	Both
255.	Kurosaaniomam	SPI Part I, Vol - I	50 gm.	Soothaga vali, Manthara eraippu, Thukka inmai.	125 - 500 mg, twice daily.	NS	Both
256.	Lavangam	SPI Part I, Vol - I	50 gm.	Kalzichal, Pasiyinmai, Pal vali, Vaandhi, Pitha mayakkam.	200 - 500 mg, twice daily.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
257.	Maramanjai	SPI Part I, Vol - I	50 gm.	Suvaiyinmai, kanam, Kanasuram, Moolanoi.	30 - 50 ml, twice daily,	NS	Both
258.	Marutham pattai	SPI Part I, Vol - I	50 gm.	Suram, Eraippirumal, Kazhichal, Neerizhivu, Vellai.	3 - 6 gm, twice daily.	NS	Both
259.	Masikkai	SPI Part I, Vol -II	50 gm.	Akkaram, Megam, Udal thalarchi, Baalar kanachoodu.	250-500 mg, twice daily.	NS	Both
260.	Mathulam pazhathol	SPI Part I, Vol -II	50 gm.	Kazhichal.	3-5 gm, twice daily.	NS	Both
261.	Mavilinga pattai	SPI Part I, Vol - I	50 gm.	Kalladaippu, Kaanakkadi, Puraiodiya pungal, Vali noi.	30 - 50 ml. of decoction, twice daily,	NS	Both
262.	Mukkarattai	SPI Part I, Vol - I	50 gm.	Azhal noi, Eraippu, Kamalai, Namaichal, Neerkkattu.	1 - 3 gm, twice daily.	NS	Both
263.	Murukkam poo	SPI Part I, Vol -II	50 gm.	Vithai veekkam, Neerkkattu.	3 -5 gm, twice daily.	NS	Both
264.	Murukkam vithai	SPI Part I, Vol -II	50 gm.	Vayirukkirumi, Padar thamarai, Vayitru vali, Karappan.	500 mg-1gm, twice daily	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
265.	Naayruvi samoolam	SPI Part I, Vol - I	50 gm.	Sevi noi, Soothaga thadai, Aiya noikal, Irumal, Kamalai, Kunmam, Vellai, Veluppu noi, Pandu, Veekam	30 - 50 ml of decoction, twice daily.	NS	Both
266.	Nannari ver	SPI Part I, Vol - I	50 gm.	Azhal noikal, Suravetkai, Neeretram, Neerizhivu, Vandu kadi.	30 - 50 ml of decoction, twice daily.	NS	Both
267.	Naval pattai	SPI Part I, Vol -II	50 gm.	Neerizhivu, Perumbadu, Karappan, Vaippun.	1 - 3 gm, twice daily.	NS	Both
268.	Nelli vatral	SPI Part I, Vol - I	50 gm.	Enbu puruki, Kuruthi azhal, Utsoodu, Perumbadu, Vellai.	3 - 6 gm, twice daily.	NS	Both
269.	Nerinjil mul	SPI Part I, Vol - I	50 gm.	Sathai adaippu, Siruneer erichal, Siruneer kattu, Kalladaipu.	3 - 6 gm, twice daily.	NS	Both
270.	Nilappanai kizhangu	SPI Part I, Vol -II	50 gm.	Ven kuttam, Karumpulli, Mega noi, Soolai noi.	3 -6 gm, twice daily.	NS	Both
271.	Perarathai	SPI Part I, Vol - I	50 gm.	Soothaga vali, Aiya suram, Muppini, Nanju, Neeretram, Thalaipun, Udal vali, Vali noikal,	1 - 3 gm, twice daily.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
272.	Pirandai	SPI Part I, Vol -II	50 gm.	Raktha moolam, Vayitru vali, Athisaram, Moola mulai.	3 - 6 gm, twice daily.	NS	Both
273.	Pirappan kizhangu	SPI Part I, Vol -II	50 gm.	Thantha rogam, Soolai noi.	3 - 6 gm, twice daily.	NS	Both
274.	Poduthalai	SPI Part I, Vol - I	50 gm.	Seethakkazhichal, Soolai noi, Irumal, Perum kazhichal, Vali noikal, Vellai.	30 - 50 ml of decoction, twice daily.	NS	Both
275.	Poonaikkali vidai	SPI Part I, Vol -II	50 gm.	Vali, Azhal, Aiya Noikal, Ratha pokku, Karappan.	3-6 gm, twice daily.	NS	Both
276.	Poovarasam pattai	SPI Part I, Vol - I	50 gm.	Kanakkadi, Nanju, Peruvayiru, Veekkam.	30 - 50 ml of decoction, twice daily.	NS	Both
277.	Potrilai Kaiyanthakarai	SPI Part I, Vol -II	50 gm.	Gunmam, Kan oli Kuraivu.	3-6 gm, twice daily.	NS	Both
278.	Pungu	SPI Part I, Vol - I	50 gm.	Eelai, Irumal, Moorchai, Pun, Varatsuram, Vatha gunmam, Vaayu.	30 – 50 ml of decoction, twice daily.	NS	Both
279.	Sadamanjil	SPI Part I, Vol - I	50 gm.	Kuttam, Purana suram, Thoorkaminmai, Udal soodu.	500 mg – 1 gm, twice daily.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
280.	Santhana kattai	SPI Part I, Vol -II	50 gm.	Suram, Mega noi, Veppu, Sori.	15-30 ml of decoction, twice daily.	NS	Both
281.	Sarakkondrai	SPI Part I, Vol - I	50 gm.	Kudal vali, Malakkattu, Vellai.	4 – 8 gm, twice daily.	NS	Both
282.	Sathikkai	SPI Part I, Vol –I	50 gm.	Pasi thee kuraivu, Iraippu, Irumal, Natpata kazhichal, Perumkazhichal, Vindhu kuraivu.	500 mg – 1 gm twice daily.	NS	Both
283.	Siru seruppadaï samoolam	SPI Part I, Vol -II	50 gm.	Mega noikal, Gunmam, Vellai noi.	2-3 gm, twice or thrice a day.	NS	Both
284.	Sirupeelai samoolam	SPI Part I, Vol - I	50 gm.	Sathai adaippu, Kazhichal, Kalladaippu, Kuruthi vaandhi, Neer suruku, Perumpadu, Veekam.	5 – 10 gm, twice daily.	NS	Both
285.	Thalisa pathiri	SPI Part I, Vol -II	50 gm.	Naasippini, Naalpatta kaasam, Mega noi.	1-3 gm, twice or thrice a day.	NS	Both
286.	Thamaraikkizhan gu	SPI Part I, Vol - I	50 gm.	Erumal, Parvai mangal, Thavalai sori, Vayitru kaduppu, Veppu noi.	3 -5 gm, twice daily.	NS	Both
287.	Thamarai malar	SPI Part I, Vol - I	50 gm.	Suram, Kan erichal, Neer vetkai.	30 - 50 ml twice daily.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
288.	Thandirkkai	SPI Part I, Vol - I	50 gm.	Aan kuri pun, Seelandhi nanju, Kuruthi azhal.	2 - 4 gm, twice daily.	NS	Both
289.	Thanneer vittan kizhangu	SPI Part I, Vol -II	50 gm.	Neerizhivu, Vindhu nattam, Vettai.	5 gm, twice or thrice a day.	NS	Both
290.	Thetran kottai	SPI Part I, Vol -II	50 gm.	Vellai, Veppu, Pun, Maantham.	3-5 gm, twice or thrice a day.	NS	Both
291.	Thippili	SPI Part I, Vol - I	50 gm.	Suvaiyinmai, Iraippu, Irumal, Aiya pini, kan kathu mooku noikal, Gunmam.	500 mg – 1 gm, twice daily.	NS	Both
292.	Thulasi ilai	SPI Part I, Vol -II	50 gm.	Pun, Peenisam, Udal veppu.	2-3 gm, twice or thrice a day.	NS	Both
293.	Vaividangam	SPI Part I, Vol - I	50 gm.	Gunmam, Nanju, Nun puzhukkal, Vaayu, Veluppu noi/Pandu.	5 – 10 gm, twice daily.	NS	Both
294.	Valmilagu	SPI Part I, Vol - I	50 gm.	Azhal noikal, Aiya noikal, Gunmam, Neer vetkai, Vali noikal, Vellai.	1 -2 gm, twice daily.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
295.	Vanni Ilai	SPI Part I, VoI -II	50 gm.	Sori, Nanju, Muppini.	2 -3 gm, twice or thrice a day.	NS	Both
296.	Vazhuluvai	SPI Part I, Vol - I	50 gm.	Soothaga noikal, Erumal, Aiya noikal, Keel vaayu, Kuruthikkazhichal, Pun, Perumbaadu.	1 -2 gm, twice daily.	NS	Both
297.	Vellarai vidai	SPI Part I, VoI -II	50 gm.	Neerkkaduppu, Neerkayyu, Kalladaippu, Mega noi.	3 -6 gm, twice or thrice a day.	NS	Both
298.	Vellarugu Samoolam	SPI Part I, VoI -II	50 gm.	Gunmam, Soolai noi, Kiranthi, Sori, Sirangu.	1 -2 gm, twice or thrice a day.	NS	Both
299.	Veppam pattai	SPI Part I, Vol - I	50 gm.	Suram, Surathaal undaakum udal thalarachi, Gunmam, Maantham, Moolam, Thol noikal, Vali noikal.	2 -4 gm, twice daily.	NS	Both
300.	Veppam poo	SPI Part I, Vol - I	50 gm.	Azhal noikal, Suvaiyinmai, Kudar puzhu, Moorchai, Navaratchi, Needitha vali noi, Vaandhi.	1 -2 gm, twice daily.	NS	Both

Sl.No	Name of Medicine	Refer-ence Text	Dispen-sing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/ contra-indication	Preferr-ed Use (OPD/ IPD)
301.	Vetti ver	SPI Part I, Vol -II	50 gm.	Pitha thaagam, Moorchai, Thol noi, Mega kiranthi.	1-2 gm, twice or thrice a day.	NS	Both
302.	Vilva ver	SPI Part I, Vol - I	50 gm.	Suram, Gunmam, Mayakkam, Mukkutra kedu, Neer vetkai, Udal kaduppu.	30 -50 ml of decoction twice a day.	NS	Both

List of participating experts

Discussion Meeting with invited experts for consolidation of ASU&H EDLs on 28th February 2012

1.	Dr. Sheela Karalam. B, Special Officer (R&D) Oushadha Kuttanellur, Trissur, Kerala.
2.	Sh. R.R.Shukla IFS, Managing Director, Oushadhi, Trissur, Kerala.
3.	Vd. Mangala Jadhav, Directorate of Ayurveda, Maharashtra.
4.	Dr. Anitha Jacob, Director (Indian Systems of Medicine), Kerala.
5.	Dr. Jamuna.K, Director Homoeopathy, Kerala.
6.	Dr. P.V. Santhosh, Managing Director, Kerala State Homoeopathy Cooperative Pharmacy, Alappuzha, Kerala.
7.	Dr. Mohd. Waseem Khan, In-charge Govt. Unani Pharmacy, Bhopal, Madhya Pradesh.
8.	Dr. Pradeep Chaturvedi, Superintendent, State Ayurvedic Pharmacy, Gwalior, M.P.
9.	Dr. Ramesh P. R, Chief Physician and Medical Superintendent, Arya Vaidyasala Ayurveda Hospital & Research Centre, Karkardooma, Delhi.
10.	Dr. S. Deepa, SMO (Ay.) CGHS Wellness Centre, Jangura Extension, New Delhi.
11.	Dr. K.G. Radhakrishana, Secretary In-charge, IMPCOPS, Chennai, Tamilnadu.
12.	Dr. C. Lallunghnema, Dy. Director, Department of Health & Family Welfare, Mizoram.
13.	Dr. Mridula Dua, Research Officer (Scientist-IV), CCRAS.
14.	Prof.(Dr.) Bichirtrananda Mishra, Head, Department of Ras Shastra & Bhaisajya Kalpana and Superintendent, Government Ayurvedic Pharmacy Bolangir, Odisha.
15.	Dr. Narender Singh Bisht, Manager Production, IMPCL, Mohan, Uttrakhand.
16.	Shri Prakesh Bhatt, F&D Executive, IMPCL Mohan, Uttrakhand.
17.	Dr. Jagbir Sharma, Asstt. Director (Ay.), Directorate of Ayurveda, Himachal Pradesh.
18.	Dr. S.S. Suman, Medical Officer (Homeopathy), Punjab Govt.
19.	Dr. Ramesh Sharda, Joint Director- Homoeopathy, Punjab.
20.	Dr. Shardindu Sharma, Supdt. Punjab Govt. Ayurvedic Pharmacy and Stores, Patiala.
21.	Shri Om Prakash, Office Superintendent, Govt. Ay. Pharmacy & Stores, Patiala, Punjab.
22.	Dr. A. Guneshwor Sharma, State AYUSH Officer, Medical Directorate, Manipur.
23.	Dr. H.Y. Rathod, Drug Inspector, Department of AYUSH, Govt. of Karnataka.
24.	Dr. M. A. Dasar, Deputy Director, Central Pharmacy, Bangalore, Govt. of Karnataka.
25.	Shri Chandra Mohan Arora, Senior Manager I/C, State Cooperative Drug Factory, Ranikhet, Uttarakhand.

26. Dr. Anand T. Gudivada, CMO I/C ,CGHS Ayurvedic Medical Store Depot, New Delhi.
27. Dr. A.M Abdul Kadher, Joint Director (Indian Medicine & Homeopathy), Govt. of Tamilnadu.
28. Dr. Sangeeta Nehra, AYUSH Department, Haryana.
29. Dr. Janardan Panday, Ex. Joint Advisor (Ayurveda), Department of AYUSH.
30. Dr. Nilesh Ahuja Assistant Director (ISM), Govt of NCT, Delhi.
31. Dr. Y.D. Sharma, Deputy Director (ISM), Govt. of NCT, Delhi.
32. Dr. K.V. Prakashan SMO I/C, CGHS Homeopathic Medical Store Depot, New Delhi.
33. Dr. P.K. Shukla, PCCF & M.D., M.P State Minor Forest Produce Federation, Bhopal.
34. Shri R. R.Okhandian, CCF & CEO Minor Forest Produce Processing Centre, Vindhya Herbals, Barkheda Pathan, Bhopal, Madhya Pradesh.
35. Dr. S.V. Tripathi, Chief and Head of Ayurvedic Research Institution, Mool Chand Hospital, Lajpat Nagar, New Delhi.
36. Dr. Renu Batra, Chief Medical Officer (NFSG) In-charge, NDMC Central Ayurvedic Medical Stores, New Delhi.
37. Officers of Department of AYUSH: Dr. D. C. Katoch, Dr. S.A. Pasha, Dr. G.C. Gaur, Dr. Anupam, Dr. Gaurav Sharma, Dr. Hanumant Kathait, Dr. Senthilvel.



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